



St. John's

Anglican Church Albany

Consecrated 1848.

Sunday, 20th July 2025
Sixth Sunday after Pentecost



Sentence of the Day

**'In returning and rest
you shall be saved; in
quietness and trust
shall be your strength.'**

Isaiah 30.16

Collect

Eternal God,
you draw near to us in
Christ and make yourself
our guest:
amid the cares of our daily
lives, make us attentive to
your voice and alert to
your presence, that we
may treasure your word
above all else.
We ask this through our
Lord Jesus Christ, your
Son, who lives and reigns
with you in the unity of the
Holy Spirit, God for ever
and ever. Amen.

Prayer of the Week

O God, you alone can
order our unruly wills
and affections:
teach us to love what
you command, and to
desire what you
promise, that, among
the changes and
chances of this world,
our hearts may surely
there be fixed where
true joys are to be
found;
through Jesus Christ
our Lord. Amen.

Today's Readings

1st Reading Amos 8.1-12

¹ This is what the Lord God showed me
— a basket of summer fruit.
² He said, 'Amos, what do you see?' And I
said, 'A basket of summer fruit.' Then the
Lord said to me,
'The end has come upon my people
Israel;
I will never again pass them by.
³ The songs of the temple shall become
wailings on that day,'
says the Lord God;
'the dead bodies shall be many,
cast out in every place. Be silent!'
⁴ Hear this, you that trample on the
needy,
and bring to ruin the poor of the land,
⁵ saying, 'When will the new moon be
over
so that we may sell grain;
and the sabbath,
so that we may offer wheat for sale?
We will make the ephah small and the
shekel great,
and practise deceit with false
balances,
⁶ buying the poor for silver
and the needy for a pair of sandals,
and selling the sweepings of the
wheat.'
⁷ The Lord has sworn by the pride of
Jacob:
Surely I will never forget any of their
deeds.
⁸ Shall not the land tremble on this
account,
and everyone mourn who lives in it,
and all of it rise like the Nile,
and be tossed about and sink again,
like the Nile of Egypt?
⁹ On that day, says the Lord God,
I will make the sun go down at noon,
and darken the earth in broad daylight.
¹⁰ I will turn your feasts into mourning,
and all your songs into lamentation;
I will bring sackcloth on all loins,
and baldness on every head;
I will make it like the mourning for an only

son,
and the end of it like a bitter day.
¹¹ The time is surely coming, says the
Lord God,
when I will send a famine on the land;
not a famine of bread, or a thirst for
water,
but of hearing the words of the Lord.
¹² They shall wander from sea to sea,
and from north to east;
they shall run to and fro, seeking the word
of the Lord,
but they shall not find it.

2nd Reading Colossians 1.15-29

¹⁵ He is the image of the invisible God,
the firstborn of all creation; ¹⁶ for in him all
things in heaven and on earth were
created, things visible and invisible,
whether thrones or dominions or rulers or
powers—all things have been created
through him and for him. ¹⁷ He himself is
before all things, and in him all things
hold together. ¹⁸ He is the head of the
body, the church; he is the beginning, the
firstborn from the dead, so that he might
come to have first place in
everything. ¹⁹ For in him all the fullness of
God was pleased to dwell, ²⁰ and through
him God was pleased to reconcile to
himself all things, whether on earth or in
heaven, by making peace through the
blood of his cross. ²¹ And you who were
once estranged and hostile in mind, doing
evil deeds, ²² he has now reconciled in
his fleshly body through death, so as to
present you holy and blameless and
irreproachable before him— ²³ provided
that you continue securely established
and steadfast in the faith, without shifting
from the hope promised by the gospel
that you heard, which has been
proclaimed to every creature under
heaven. I, Paul, became a servant of this
gospel. ²⁴ I am now rejoicing in my
sufferings for your sake, and in my flesh I
am completing what is lacking in Christ's
afflictions for the sake of his body, that is,

the church. ²⁵ I became its servant according to God's commission that was given to me for you, to make the word of God fully known, ²⁶ the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. ²⁷ To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. ²⁸ It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ. ²⁹ For this I toil and struggle with all the energy that he powerfully inspires within me.

Gospel Reading Luke 10.38-42

³⁸ Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. ³⁹ She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. ⁴⁰ But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' ⁴¹ But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; ⁴² there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

The Psalm for today is Psalm 52

- 1 Why, you that are powerful, do you boast all the day long: of mischief done to those that are faithful to God?
 - 2 You contrive destroying slanders: your tongue is like a sharpened razor, it cuts deceitfully.
 - 3 You have loved evil, and not good: to tell lies, rather than to speak the truth.
 - 4 You love all words that may do hurt: and every deceit of the tongue.
 - 5 But God will destroy you utterly: he will snatch you away and pluck you out of your dwelling, he will uproot you from the land of the living.
 - 6 The righteous shall see it, and fear: they shall laugh you to scorn, and say,
 - 7 'Here is one who did not take God for strength: but trusted to the abundance of riches, and found strength in slander.'
 - 8 As for me, I am like a green olive tree in the house of God:
- I will trust in the goodness of God for ever and ever.
- 9 I will always give you thanks, for this was your doing: I will glorify your name before the faithful, for it is good to praise you.

A WARM WELCOME TO ALL VISITORS

All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.



We respectfully acknowledge the Menang Noongar people as the traditional custodians of the land on which we worship and minister, and pay respect to elders past and present.

Next Sunday's Readings

1st Reading Hosea 1.2-10

P858

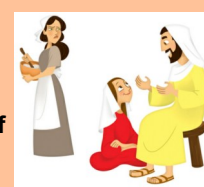
2nd Reading Colossians 2.6-15

P192

Gospel Reading Luke 11.1-13

P68

Children's Church is available at our 9:30am service. This week's Children's Talk is "At the Feet of Jesus"



HYMNS – EUCHARIST SETTING DUDMAN **TIS 756**

	8am	9.30am
Introit		215
Gradual	203	203
Offertory	133	133
Recessional	547	547

Hello Dear Friends

I pray you have had a good week. I find that Winter gives me an opportunity to appreciate stillness and quiet more than other seasons - perhaps because of the dark evenings, the tendency to be indoors earlier and staying close to the heating - Isaiah hints at this emotion in our sentence for today - "In returning and rest you shall be saved; in quietness and trust shall be your strength".

Our Collect sees us praying to be attentive to God's Voice, alert to God's presence so that we can treasure the word.

We continue reading from the prophet Amos who was the first of the "writing" prophets. He was a herdsman, lived around 750BC and was given the same eloquence as Isaiah and David. In today's passage, he talks of the near approach of the ruin of Israel and of a "famine" of the word of God - a scary prophesy.

The Psalmist in Psalm 52 describes the enemies of the truth, their consequences and the rejoicing of the righteous.

Paul, in his letter to the Colossians, gives a most glorious view of Christ and sets out his own character as an apostle of the gentiles and lets us know that we are to use all our strength and the energy given to us to proclaim the gospel to all.

The Gospel for today is Luke's account of Jesus' visit to Martha and Mary - we return to the theme of stillness and being attentive to the word.

We cannot take the spiritual life seriously if we do not set aside some time to be with, and to listen to God - we consider this, this year especially as our diocesan vision to deepen our prayer lives. Most of us say some morning and evening prayers. But, alas, these prayers often consist of over-familiar words, which we mumble in haste while our thoughts race ahead to the tasks that await us. Such prayers are like washing

one's hands fully dressed when what is needed is a bath or shower. We need concentrated, dedicated prayer, prayer that is like a hunger that must be satisfied and for which there was no substitute. That kind of prayer always transforms and fortifies us.' Prayer is not asking. It is a longing of the soul. It is the daily admission of one's weakness'. Gandhi).

For many people prayer consists of saying prayers rather than praying. In a sense, prayer begins where expression ends. The highest form of worship is silence.

Probably the most beneficial prayer of all is just to be in the presence of God, without saying or doing anything. Just to sit in his presence, as Mary sat in the presence of Jesus! But to some this might seem a waste of time when there are so many things to do.

To be in the presence of God, without saying or doing anything, is no easy thing. Because as soon as we stop, we feel empty, even useless. Most people get their sense of self-worth from doing. They don't know how to cope with idleness and stillness. The result is that their lives can be shallow and superficial.

A lot of people tend to equate love of God with social action. Of course, prayer can be a cop-out and an escape. But so too can social action! Our action can be a cop-out from seeking God. And without prayer it can easily become totally self-directed, self-propelled, rather than inspired by God.

Anthony Bloom says that one of the first people who came to him for advice when he was ordained was an old lady who said, 'Father, I have been praying almost unceasingly for fourteen years, and I have never had any sense of God's presence'.

'Did you give God a chance to put in a word?' he asked.

'Oh, well', she said, 'no, I have been talking to him all this time. Is that not what prayer is?'

'No', he said. 'I don't think so. Now what I suggest is that you should set apart fifteen minutes a day and just sit before the face of God'.

And so, she did. What was the result? Quite soon she came once again and said, 'It's extraordinary, when I pray to God, in other words when I talk to him, I feel nothing. But when I sit quietly, face to face with him, I feel wrapped in his presence'.

Ultimately prayer is not about words but about communion with God. Prayer is a resting in the presence of God. It's more a question of staying quiet in his presence than of saying prayers.

At a superficial glance it might seem that Mary's part was the easier – all she had to do was sit there – and Martha's the harder. But on reflection we can see that at least sometimes Mary's part is by far the harder of the two. It's not easy to set aside one's own work and give one's undivided attention to another person. To give that kind of wholehearted attention to God is not easy. But it's tremendously fruitful spiritually.

Blessings

Be Still
— A N D K N O W —
†

Prayers for:

The Diocese of Rockhampton – Bishop Elect - Peter Grice, clergy and people.

The Parish of Mandurah, Priest-in-Charge - Revd. Ian Mabey, wife Wendy, Assisting Priests - Revd. Jacqueline Chesley-Ingle, Revd. Joe Hopkins (Archdeacon emeritus), wife Wendy, Deacon - Revd. Hilary Kan, Assisting Clergy - Revd. Alex Scutt, wife Stephanie, Revd. Bill Robinson, wife Kay, Revd. James Tabor and wife Felicity.

Please pray for:

- * Community outreach.
- * Relationships between the church and church agencies in the area.
- * Building connections between the school families and the parish.

Diocesan Ministry - The Frederick Irwin Anglican School, Principal - Tracey Gray, Chaplain Revd. Cn. James Tabor and Asst. Chaplain and Mrs. Alicia Tearle.

Please pray for:

- * The School Board and Executive.
- * Staff and Students, particularly those who are preparing for assessments or exams.

For the World:

- * For the sick that God may give them physical health, peace of mind and heart.

Anglican Church of Kenya - Diocese of Kapsabet.

All Saints Kamoiywo Parish - Parish Priest - Revd. Morris Kemboi, and wife Gladys.

Good Shepherd Koitabut Parish - Parish Priest - Revd. Sarah Kosgei and husband John.

Please pray for:

- * All high school and college students that they may put more effort in their studies. Pray that they have strength and courage to stand for Jesus.
- * All believers struggling with floods and mudslides in our country and the world. Pray for provision and shelter for those in need.

Diocesan Ministry - Pray for the prosperity of the Clergy Welfare Association of Kapsabet diocese and all the office bearers.

Mothers Union Monthly Prayer

As we move into a month when many of us take a break from the regular routine of life, we pray that we will find sacred moments of rest and reflection, of refreshment for our weary souls. Thank you for the opportunity to pause, to breathe, and to be rejuvenated in your

presence. As we journey through these days of respite, may our spirits be enriched by the beauty of your creation, the warmth of fellowship, and the joy of your love. Guide us to use this time wisely, to grow closer to you and to one another. In your Holy Name, Amen.

HOPE25
HOPE IN AN UNCERTAIN WORLD

We give thanks to God today for Hope25. Right across our country from the north to south, from the east to the west, Anglicans have been proclaiming the hope we have in Jesus. People have been bold in giving invitations

courageous in sharing their stories, and faithful in speaking about hope. Many people have heard about Jesus. and have taken steps towards faith.

We praise God for the many who have heard of our hope, for those who we have welcomed into our churches and for those who have believed in Jesus. We ask God to continue to bless our church as we live in hope.

ULTREYA

ST SAVIOUR'S BOYUP BROOK

SATURDAY 26 JULY

1.30pm

I just wanted to let you all know that the Boyup Brook Cursillistas will be conducting an Ultreya with the theme of **"PEACE"** and we would love you to come and share with us.

Our annexe will be open from 12noon so you can eat your *'Bring Your Own Lunch'* and enjoy it and the company of others along with a good cuppa beforehand. Needless to say, we will provide afternoon tea – not to be missed!

Please let me know if you require accommodation, hospitality is offered by Cursillistas. I also need to know if you are coming so we have enough chairs to all be comfortable, so please let me know by calling 0428 653053 or email anne@grindon.com.au.

De Colores

Anne Ritson

Mission of The Month for July is Albany Women's Refuge and Pivot Support Services

Albany Women's Centre offers women, with or without children, affected by family and domestic violence a safe refuge and support services.

Services provided at the centre include:

- 24 hour on call service.
- Safe, secure crisis accommodation
- Case management support.
- Outreach services
- Support Groups.
- Community Education

Family and domestic violence is when one person in a relationship uses abusive behavior in order to control the other person. Some ways this can happen are:

- Hitting, punching or pushing you, slapping, kicking and choking.
- Threatening to hurt your friends, family members or pets.
- Putting you down in front of others.
- Making you feel stupid and worthless, insults, threats, intimidation.
- Making you have sex when you don't want to.
- Not letting you go out, or contact friends or family.
- Not letting you have money for food, clothing or other basic needs.
- Not allowing you to attend church, making fun of your beliefs.

The above behaviours can cause shame, low self esteem, isolation, physical injuries, the inability to trust people, depression and many other side effects.

At St Johns we provide much needed toiletry packs to these women in need. This service was initiated by the Ladies Guild and has continued on after the cessation of this group. Your donations will go towards assisting with making sure we are able to continue this service.

Contact details for the Albany Women's Centre are 9845 6000 or awc@anglicare.org.au - remember the service is a 24 hour family and domestic violence crisis service.

Pivot Support Services. The following information was sourced from the Pivot Support website, which you too can access at <https://www.pivotsupport.com.au/our-history>

Pivot Support Services was established in 2005 as Regional Counselling and Mentoring Services, specifically to work with the Department of Corrective Services (DCS) in the rehabilitation and reintegration of prisoners and released offenders. Originally, they worked out of a small office above a pizza shop, then moved to a residential house and, for the last eight years, have operated out of a commercial premise at 121 Aberdeen Street, Albany.

Since establishment Pivot has become the predominant provider of Prisoner Reintegration services in the Great Southern region. The Great Southern is unique in the regional corrective services context as it is the only region with a maximum-security prison and the only one with three facilities, namely Albany Regional Prison (ARP), Pardelup Prison Farm (PPF) and the Walpole Work Camp (WWC).

Over the last three years Pivot has developed a role in providing services to those in the community suffering disadvantage or crisis. This model allows clients to access any service provider in the Great Southern.

This Community Hub model is becoming increasingly successful and has become an effective collaborative and integrated model of service provision.

Notices

Gatherings and Meetings

Martha's Soup Kitchen - Mon
12pm-1pm.



Korean War Service - St Johns at 2pm on
Sunday, 27th July.

Victory in South Pacific Service - St
John's at 5.30pm Thursday, 14th August.

**Parish First Aid Training: Wednesday
20th August 2025:** The Parish supports
parishioners regularly gaining First Aid
training. Over three years ago 8 members
from the parish undertook First Aid training
as a group at St Johns Ambulance Centre.
There is now a need for an update.
Parishioners are invited to join as a group
in a one-day training session on essential
first Aid. It is of course valuable for the
whole Parish but also for us personally!
The proposed date is Wednesday 20th
August 2025 at the St Johns Ambulance
Centre on Middleton Rd. The special
discounted cost for us is \$135 per person
(\$200 pp on website). Please contact Revd
Karen, the Wardens or the Parish

Administrator Rachael if available to join
us. We note it is an expense so also
contact Revd Karen or the Wardens if you
are seeking support on the registration
fees. John Blake

Emergency Relief - Hi everyone Thanks
for your previous donations which we very
much appreciated. We urgently require the
following items:

- * 1 litre full cream long life milk,
- * 1kg plain or self-raising flour and,
- * 1kg white rice.

Thank you and best wishes from the ER
team.

Ministry opportunities - The Church
cleaning team and Op Shop are looking for
extra volunteers to join them. Please
contact our Op Shop Manager, Wardens or
Revd. Karen.

Church Watch is now up and running
again on Fridays from 11am-2pm. If
anyone is interested in assisting with this
ministry please speak to Revd. Karen.

SAVE THE DATE - FETE NOTICE, SATURDAY OCTOBER 18TH

This years annual church fete will be held on Saturday October
18th in the Wardens Court as it was very successful in that area
last year. It would be really appreciated if you could start your jams,
pickles, cakes, growing plants and any other ideas for the stalls.
October will soon come around. Thank you all in advance. Mike
Taylor



Direct Giving via Electronic Banking -

Thanks again to those who are continuing
to support the church in one form or
another. Could I please ask that those that
are electronically transferring money to the
church follow the following instructions.

**Ordinary Direct giving - quote the word
"Donation" in the reference section and
deposit into Anglican Community
Fund.**

**BSB: 706-001
Acc: 3000 3081**

**Mission giving should be deposited
into the Parish Holding Account using
the word "Mission" as a reference.**

Banking details are:

**BSB: 706-001
Acc: 3000 8763**

**St John's
Christmas Shoebox
Appeal - Update
July - 2025**

Dear Parishioners.
Shoebox Packing
Day is now getting
closer.

We are well on the way already with a
number of boxes already completed by
parishioners and another 70 being
organised with purchases and gifts
already made and contributed.
We still hope to send at 100 boxes this
year. However, we may still need some
small contributions towards the postage.
I am currently considering having the main
packing day in the hall on Saturday
morning the 23rd of August, so that
anyone who is interested in coming to
view what we put in the boxes, can have
the opportunity to observe the process.
You will not be expected to do any
packing, just to view how the boxes are
completed.
If you are interested and wish to come
along on this day, just let me know soon



as we need to know whether it will be a
suitable arrangement.

Reverend Karen will be blessing the boxes
at both morning services on Sunday, 24th
August, before they are delivered to the
Albany centre for shipping to Perth
For any information I can be contacted on
Mob: 0409447960 or Home on: 98447961
Yours sincerely Ethel Halliday- St John's
Operation Christmas Child co-ordinator.

PEACE OF MIND

Regardless of age, an enduring power of
attorney (EPA), an enduring power of
guardianship (EPG) and an advanced
health directive (AHD) can be accessed
at [https://www.wa.gov.au/service/justice/
civil-law/enduring-power-of-attorney](https://www.wa.gov.au/service/justice/civil-law/enduring-power-of-attorney) and
are recommended to be in place to
provide peace of mind to our families. Do
you have a will?

AND FUNERALS

Information to assist you make your
wishes known re funeral arrangements
can be accessed via the Parish
Office. The completed information is for
your family and/or support persons to
ensure your wishes are carried out.

Prayer Chain - A parish prayer chain has
been re-established. If you have prayer
requests **please contact Revd Karen
(0434 702 343)**, who will communicate
with other members of the team. Prayer
requests will not be discussed by prayer
chain members and will be kept in
confidence. If you wish for prayers to
continue for more than one week, please
contact Rev. Karen again. The importance
and power of prayer is intrinsic in our faith.
Prayer is an act of worship that glorifies
God and reinforces our need for God. "Do
not worry about anything, but in everything
by prayer and supplication with
thanksgiving let your requests be made
known to God. And the peace of God,
which surpasses all understanding, will
guard your hearts and your minds in Christ
Jesus." Philippians 4:6-7(NRSV).

CONTEMPLATIVE PRAYER.

A contemplative prayer service is held in the Lady Chapel every Tuesday of the month at 11am. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service takes less than an hour usually, and it is followed for those who wish to stay, by the regular Tuesday 12.30 Eucharist. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

The **Great Southern Women's Convention 2025** will be held on **Saturday 9th August 2025**. This year's theme is "God's Mission: To the Ends of the Earth", with Amy Stopher (Providence City) sharing from the book of Acts. Great Southern Women's Convention is an encouraging time of exploring the truth of God's word through Bible teaching, responding to Him and considering how we can live for Jesus. Since its inception, the conference has been such an uplifting day, with women from various denominations and towns across the beautiful Great Southern, meeting to encourage and be encouraged in their Christian faith.



The poster features a stylized map of Australia on the left, with a teal background and white dashed lines indicating travel routes. A circular logo in the top left corner of the map area reads "Great Southern WOMEN'S CONVENTION". To the right of the map, the text "God's Mission" is written in a large, black, handwritten-style font, with "To the Ends of the Earth" in a smaller, teal, serif font below it. Further down, the text "SATURDAY 9th AUGUST" and "9am - 2.30pm" are displayed. Pricing information follows: "\$50 Early Bird (\$60 after 23rd June)" and "\$30 Concession (includes morning tea & lunch)". Registration details state: "Register by 4th August at www.trybooking.com/DASAC or Albany Christian Book Centre / Albany Baptist office (cash payments)". The venue is listed as "ALBANY BAPTIST CHURCH, 20 BETHEL WAY YAKAMIA". On the right side of the poster, there are social media icons for Facebook and Instagram, and a QR code at the bottom right.

Services at St John's.

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website www.anglicanchurchalbany.org.au so you can watch the recordings.

Normal Worship times:

Sunday 8:00am	Sung Eucharist with Hymns
Sunday 9.30am	Live streamed sung Eucharist with Hymns
Sunday 7.00pm	Live Streamed Compline
Tuesday 12.30 pm	Eucharist
Monday - Friday	Morning and Evening Prayer live streamed at 8am and 5pm.

The next Order of St Luke Healing Service will be held on Thursday 14th of August at 9.30am in the Lady Chapel.

CONTACT DETAILS

Priest-in-Charge: Reverend Canon Karen Cave - Mob: 0434 702 343

Email: priest@anglicanchurchalbany.org.au

Safe Church email - safechurch@anglicanchurchalbany.org.au

Wardens:

Email: wardens@anglicanchurchalbany.org.au

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

Parish Office:

Parish Administrator: admin@anglicanchurchalbany.org.au

Rachel Matthews – 9841 5015

Parish Office Volunteer: Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

Op Shop:

Mob: 0474 265 500

Manager - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

Director of Professional Standards:

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

safeministry@perth.anglican.org

Mandatory Reporting Service:

Ph: 1800 708 704. Website: www.mandatoryreporting.dcp.wa.gov.au

Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.