

# St. John's

**Anglican Church Albany Consecrated 1848.** 

# Sunday, 3rd August 2025 Eighth Sunday after Pentecost



# **Sentence of the Day**

'If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God.'

Colossians 3.1

# **Collect**

Living God. Judge of us all, you have placed in our hands the wealth we call our own: through your Spirit give us wisdom, that our possessions may not be a curse, but a means of blessing in our lives. **Grant this through Jesus** Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

Almighty God,
whose beloved Son for
our sake
willingly endured the
agony and shame of
the cross:
give us courage and
patience
to take up our cross
daily and follow him;
who lives and reigns
with you and the Holy
Spirit,

one God, now and for

ever. Amen.

**Prayer of the Week** 

### Today's Readings

## 1st Reading Hosea 11.1-11

When Israel was a child, I loved him, and out of Egypt I called my son.

<sup>2</sup> The more I called them,

the more they went from me; they kept sacrificing to the Baals, and offering incense to idols.

<sup>3</sup> Yet it was I who taught Ephraim to walk.

I took them up in my arms; but they did not know that I healed them.

<sup>4</sup> I led them with cords of human kindness.

with bands of love.

I was to them like those

who lift infants to their cheeks.

I bent down to them and fed them.

They shall return to the land of Egypt, and Assyria shall be their king, because they have refused to return to me.

<sup>6</sup> The sword rages in their cities, it consumes their oracle-priests, and devours because of their schemes.

<sup>7</sup> My people are bent on turning away from me.

To the Most High they call, but he does not raise them up at all.

<sup>8</sup> How can I give you up, Ephraim? How can I hand you over, O Israel? How can I make you like Admah?

How can I treat you like Zeboiim? My heart recoils within me;

my compassion grows warm and tender.

<sup>9</sup> I will not execute my fierce anger; I will not again destroy Ephraim; for I am God and no mortal,

the Holy One in your midst, and I will not come in wrath.

They shall go after the Lord, who roars like a lion;

when he roars,

his children shall come trembling from the west.

<sup>11</sup> They shall come trembling like birds from Egypt,

and like doves from the land of Assyria;

and I will return them to their homes, says the Lord.

### 2nd Reading Colossians 3.1-11

<sup>1</sup> So if you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. <sup>2</sup> Set your minds on things that are above, not on things that are on earth, <sup>3</sup> for you have died, and your life is hidden with Christ in God. 4 When Christ who is your life is revealed, then vou also will be revealed with him in glory. <sup>5</sup> Put to death, therefore, whatever in you is earthly: fornication, impurity, passion, evil desire, and greed (which is idolatry). 6 On account of these the wrath of God is coming on those who are disobedient. <sup>7</sup> These are the ways you also once followed, when you were living that life. 8 But now you must get rid of all such things—anger, wrath, malice, slander, and abusive language from your mouth. 9 Do not lie to one another, seeing that you have stripped off the old self with its practices <sup>10</sup> and have clothed yourselves with the new self, which is being renewed in knowledge according to the image of its creator. <sup>11</sup> In that renewal there is no longer Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave and free: but Christ is all and in all!

## Gospel Reading Luke 12.13-21

<sup>13</sup> Someone in the crowd said to him, 'Teacher, tell my brother to divide the family inheritance with me.' <sup>14</sup> But he said to him, 'Friend, who set me to be a judge or arbitrator over you?' <sup>15</sup> And he said to them, 'Take care! Be on your guard, against all kinds of greed; for one's life does not consist in the

abundance of possessions.' 16 Then he told them a parable: 'The land of a rich man produced abundantly. 17 And he thought to himself, "What should I do, for I have no place to store my crops? <sup>18</sup> Then he said, "I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. 19 And I will say to my soul, Soul,

you have ample goods laid up for many years; relax, eat, drink, be merry." <sup>20</sup> But God said to him, "You fool! This very night your life is being demanded of you. And the things you have prepared. whose will they be?" 21 So it is with those who store up treasures for themselves but are not rich towards God.'

## The Psalm for today is Psalm 107, Verses 1-9 and 107-43

O give thanks to the Lord, for he is good:

for his loving mercy is for ever.

<sup>2</sup> Let the Lord's redeemed say SO:

whom he has redeemed from the hand of the enemy, <sup>3</sup> And gathered in from every land.

from the east and from the west:

from the north and from the south.

Some went astray in the wilderness and in the desert: and found no path to an inhabited city;

<sup>5</sup> They were hungry and thirsty: and their heart fainted

within them.

<sup>6</sup> Then they cried to the Lord in their distress:

and he took them out of their trouble

<sup>7</sup> He led them by the right path: till they came to an inhabited city.

<sup>8</sup> Let them thank the Lord for his goodness:

and for the wonders that he does

for the children of Adam;

<sup>9</sup> For he satisfies the thirsty: and fills the hungry with good things.

Whoever is wise, let them observe these things:

and consider the lovingkindness of the Lord.

# Next Sunday's Readings

custodians of the land on which we worship and minister, and pay respect to elders

We respectfully acknowledge the Menang Noongar people as the traditional

1st Reading Isaiah 1.1, 1.10-20 2nd Reading Hebrews 11.1-3, 11.8-16 Gospel Reading Luke 12.32-40

past and present.

*9643* 

*P215* **P70** 

In biblical thought we are stewards of all our

possessions and indeed the whole earth and

A WARM WELCOME TO ALL VISITORS - All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.



HYMNS – EUCHARIST SETTING DUDMAN TIS 756		
	8am	9.30am
Introit		83
Gradual	606	606
Offertory	153	153
Recessional	179	179

Children's Church is available at our 9:30am service. This week's Children's Talk is "A Fool and His Money?"



#### Hello Dear Friends

I pray you have had a good week. The Eighth Sunday After Pentecost is upon us, as is the beginning of another month. This week we are challenged to lift our gaze; we pray for wisdom in our attitude to possessions. Hosea tells us of God's regard for Israel and their ingratitude. The psalmist gives account of God's care of all in distress, banishment or dispersion. Paul cautions the Colossians to be heavenly minded, and Luke tells us the parable of the rich man - and cautions against covetousness.

Our Hebrew forebears in faith were clear that it was blessed to live a long life, to have many children and livestock, and to dwell in your own land. But they also knew that how you came by that wealth and how it was shared among the community was important. In good times they knew that those blessings came from God, and they were thankful. In not so good times, they went seeking for the blessing without the relationship with God and it led to idolatry and despair - a familiar theme throughout time!

God created the physical world the material world and called it "good" then God placed human beings there.

This combination of the spiritual and the physical and its relationship to God is at the heart of the teachings of Jesus.

we are responsible to God for what we do

with them. The fifth mark of mission for the Anglican Church states "To strive to safeguard the integrity of creation and sustain and renew the life of the earth"

Our text from the Gospel of Luke is one of Jesus' primary teachings on our attitude to what we consider our possessions. And this is the clincher about possessions - it is our attitude to them that matters.

The man in the crowd assumed he was addressing a Rabbi a teacher a legal expert of the Law.

However, he does not say to Jesus, "Rabbi Jesus, my brother and I are quarrelling. Would you listen to me and to him and reconcile us?"

Instead, he, says, "Jesus tell my brother that he is wrong and that he should give me my rights." The assumptions behind such a request are clear. The father had died without a will. There was an estate that was now held by the two brothers. According to the law of the times, the inheritance could not be divided until the older brother agreed. The petitioner before Jesus must be the younger brother, who is ordering Jesus to press his older brother into making the division. This is an important issue because the vounger brother was seeking justice. And justice is a critical part of life. Fights over estates with or without a will have split many a family. Yet it is clear throughout the Scriptures that Jesus seeks to be a reconciler of people. He brings people together, to bring about healing of the broken

He does not deal in separation!

This parable reflects on the relationships between material possessions, God and Justice.

The younger brother has already decided what justice requires and wants the visiting Rabbi to enforce his view. How will Jesus respond?

First century rabbis were experts in the law of Moses and spent much of their time giving legal rulings. The petitioner, the younger brother hoped Jesus would take his case.

Jesus is asked to make a judgment, but refuses. Jesus responds with the question, "who set me to be a judge or arbitrator over you?"

Jesus is concerned about healing relationships between people, and out of that healing people can deal with what divides them. Jesus continues with a call for a new vision when facing a problem.

Possessions are bonded to a deep, often irrational fear of one day not having enough. Regardless of how much wealth is stored for the future, this fear presses us frail humans to acquire more. We never have quite enough because the insecurity within never dies. This is the problem with insatiable desires, about which Jesus warns his listeners. Life - true life is not available in the material realm. These insatiable desires can never be fully satisfied by things. Jesus continues his conversation with the younger brother with a parable about surpluses.

You see, If God is the owner of all things material and people are only stewards, what rights do they have to the surpluses that their desires often create?

Jesus shared these words with those in the crowd and us today "for one's life does not consist in the abundance of possessions." Christians' are obliged, on the basis of this saying and the parable that follows:

To consider both insatiable desires and the material surpluses often produced because of these desires.

We know that the man in the parable is already rich. And that his land produced an

abundant crop. So, what will he do with the surplus? The text said, "And he discussed with himself saying what should I do for I have no place to store my crops?" So, this man appears to have no friends. And with an important decision to make, the only person with whom he can have a conversation with is himself.

The rich man asked himself, "what shall I do?" He has no place to store the abundance and displays no awareness that his bumper crop is a gift from God. And that he is responsible for using it in the way the true owner would wish. No, he sees it as his crop.

The rich man did not realise that the tummies of the poor were much safer storerooms than his

own barns for all the excess.

The climax lies in the middle of the parable "And he said, I will do this: I will pull down my barns and build larger ones and there I will store all my grain and my goods." No mention of God or employees just my crop, my barn, my grain, my goods my soil. Mine, Mine, Mine!

At the end of this he states, "And I will say to myself soul you have ample goods laid up for many years relax eat drink and be merry."

He is convinced that this is as good as it gets. He seems to imagine that a person created in the image of God can be fully satisfied with food and drink. Perhaps he thinks that humanity's highest pleasure is the satisfaction of eating and drinking. The Greek word here is psyche which is often translated soul.

St. Augustine is famous for saying "my soul is restless until it rests in thee." The soul of every human being will not be truly satisfied until it rests in God.

The parable continues "But God said to him "You fool this very night your soul is being demanded of you and the things you have prepared whose will they be?"

Suddenly He discovers that his soul, self, life was not his but was on loan from God.

Life is not a right, it is a gift, a gift on loan. Each day is a gift, a loan and we thank God, we praise God for each and every day.

Jesus said," Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also."

My prayer today is that we be rich - be rich toward God. Our life should be filled with joy, overflowing with grace, thankful for each day that God has given us. A life that is not half full or half empty but one overflowing. A life bearing good fruit in all that we do and all that we say. This is living life to the fullest. Let's see others and ourselves through Christ eyes.

Let's take our stewardship seriously for creation, for ourselves and for each other.

Blessings. Karen.



<u>The Diocese of Armidale</u> - Bishop Rodney Chiswell, clergy and people.

Parish of Augusta/Margaret River - St.
Margaret of Scotland (Margaret River), St
Elizabeth of Hungary (Augusta), St Mary's
(Cowaramup) and St John the Evangelist
(Osmington), and Permission to Officiate Revd. Mary Esslemont.

#### Please pray for:

- \* A new priest for our parish.
- \* Stamina for our volunteers and workers.
- \* Unity and harmony between our people in their diversity of lifestyle, age, work, retirements, tourism and beliefs.
- A renewed spirit of engagement and enthusiasm for our community of believers.
- \* A fresh vision of the Gospel message in this region.
- $\ast$  Kindness, gentleness, patience and joy .

<u>Diocesan Ministry</u> - The work of our Administrator and Bishop.

### For the World:

- \* All members of peace keeping forces serving in troubled spots around the world.
- \* All Police Officers: Local and Federal.

- \* For all SES personnel as they place their lives at risk for the safety of others.
- \* Those suffering from natural disasters.
- \* For all members of our Fire Brigade and Fire and Rescue Services.
- \* That the Lord may equip and strengthen us as we seek to serve in our families, work place, church and community.

# <u>Anglican Church of Kenya - Diocese of Kapsabet.</u>

<u>St. Barnabas Pro Cathedral</u> - Parish Priest: Very Revd. Nila Bassy, husband Wilson, Curates - Revd. Elijah Chepkiza and wife Margaret

<u>St. John's Kombe Parish</u> - Parish Priest - Samuel Kogo and wife Eusila.

#### Please pray for:

- \* Our parishes that they be centres where the Word of God is evidenced in the daily lives of the Christians.
- \* All the Anglican sponsored schools that they be mission fields where the gospel is shared without condemnation

<u>Diocesan Ministry</u> - For the youth, children and families for team spirit as they seek to know Christ more in their lives and be witnesses to the world.

#### **Mothers Union Monthly Prayer**

Loving Lord, we give you thanks for the vision of our founder as we celebrate her special day this month. Prayer is the foundation of Mothers' Union and we pray for confidence and

# faithfulness to build on Mary Sumner's

legacy and all that has been achieved so far. As we support one another through prayer, may we touch many lives for God through our prayers, our words and our actions. Amen.



We give thanks to God today for Hope25. Right across our country from the north to south, from the east to the west, Anglicans have been proclaiming the hope we have in Jesus. People have been bold in giving invitations courageous in sharing their stories, and faithful in speaking about hope. Many people have heard about Jesus. and have taken steps towards faith.

We praise God for the many who have heard of our hope.

for those who we have welcomed into our churches

and for those who have believed in Jesus. We ask God to continue to bless our church as we live in hope.

### The Mission of The Month for August is Tearfund.

Tearfund Australia was founded in 1971 when the then president of the Australian Evangelical Alliance (AEA) put \$10 on the table to start an emergency relief fund at a board meeting. The purpose of the newly founded group was "To meet two human needs: one for spiritual direction and assurance, the other for physical help – food, medicine, shelter and clothing. Practical aid in the context of God's love in the Lord Jesus."

In 1998, and with the blessing of the Evangelical Alliance, TEAR Australia was incorporated as a legally independent agency and at the same time reshaped the acronym to the byline "Transform, Empower, Advocate.

On the 1st of October 2020 the name was changed back to Tearfund, to align more closely with other Tearfund Agencies in the UK, US, Canada, Netherlands, Belgium, Germany, France, New Zealand and Ireland.

Tearfund vision "is for a just and compassionate world in which all people have the opportunity to achieve their God-given potential."

Today Tearfund work in partnerships with locally-based Christian agencies around the world and in Australia who are seeking to make biblically-shaped responses to poverty and injustice. They prioritise supporting partners who work alongside people most impacted by poverty and marginalisation. They are focused on the root causes of poverty, and committed to long-term transformation. They believe in community-led development initiatives.

To read about the work Tearfund Australia are doing in Africa, Asia, the Pacific

and with Australia's First People, partnering with Christians from near and far in some of the world's most difficult places, visit the website at <a href="Tearfund Australia">Tearfund Australia</a> | Christian <a href="Charity Fighting Injustice">Charity Fighting Injustice</a>





Mandurah Branch invite you to the AMUA Bunbury Diocesan



# 2025 Country Rally & Annual Meeting

Thursday 16th October 2025

Christ's Church Anglican Church, Cnr Sholl St & Pinjarra Road, Mandurah

9.15am - 9.45am Morning Tea

10.00am Eucharist
Celebrant Bishop Ian Coutts

followed by the Annual Meeting

Luncheon at

RAAFA ESTATE MEADOW SPRINGS 41 Portrush Parade, Mandurah

Cost \$30 each

GUEST SPEAKER

Mrs Tracey Gray

Principal, Frederick Irwin Anglican School



RSVP with numbers & payment by Friday 3 October Payment to: Anglican Parish of Mandurah BSB: 706 001 ACC: 30003262 Ref: "Branch" MUCR

Numbers by Email: <a href="mailto:churchoffice@anglicanchurchmandurah.org.au">churchoffice@anglicanchurchmandurah.org.au</a>
PO Box 203, Mandurah, WA 6210

Box 203, Mandurah, WA 6210 Phone 9535 6152

PLEASE ADVISE BY EMAIL OF ANY SPECIAL DIETARY REQUIREMENTS

### **Notices Gatherings and Meetings**

### **UPCOMING MEETING CANCELLATIONS**

Prepare for Worship - 04/08 Wardens Meetings - 04/08 Communications - 05/08

Martha's Soup Kitchen -Mon 12pm-1pm.



**Reports** due to Parish Administrator by 5pm Wed., 13th Aug.

Finance Committee Meeting - Thurs., 14th Aug at 10am via Zoom.

Victory in South Pacific Service - St John's at 5.30pm Thursday, 14th August.

Vietnam Veterans Service at the Albany Forts on Sunday 17th August at 2pm

Parish First Aid Training: Wednesday 20th August 2025: The Parish supports parishioners regularly gaining First Aid training. Over three years ago 8 members from the parish undertook First Aid training as a group at St Johns Ambulance Centre.

There is now a need for an update. Parishioners are invited to join as a group in a one-day training session on essential first Aid. It is of course valuable for the whole Parish but also for us personally! The proposed date is Wednesday 20th August 2025 at the St Johns Ambulance

Centre on Middleton Rd. The special discounted cost for us is \$135 per person (\$200 pp on website). Please contact Revd Karen, the Wardens or the Parish Administrator Rachael if available to join us. We note it is an expense so also contact Revd Karen or the Wardens if you are seeking support on the registration fees. John Blake

**Emergency Relief -** Hi everyone Thanks for your previous donations which we very much appreciated. We urgently require the following items:

- 1 litre full cream long life milk,
- 1kg plain or self-raising flour and,
- \* 1kg white rice.

Thank you and best wishes from the ER

Ministry opportunities - The Church cleaning team and Op Shop are looking for extra volunteers to join them. Please contact our Op Shop Manager, Wardens or Revd. Karen.

Church Watch is now up and running again on Fridays from 11am-2pm. If anvone is interested in assisting with this ministry please speak to Revd. Karen.

**SPECIAL REQUEST** FOR FETE - If you have any small seedling pots, (140 mm) could you please drop them into the office.



# SAVE THE DATE - FETE NOTICE, SATURDAY **OCTOBER 18TH**

This years annual church fete will be held on Saturday October 18th in the Wardens Court as it was very successful in that area last year. It would be really appreciated if you could start your jams, pickles, cakes, growing plants and any other ideas for the stalls. October will soon come around. Thank you all in advance. Mike Taylor



### **Direct Giving via Electronic Banking -**

Thanks again to those who are continuing to support the church in one form or are electronically transferring money to the church follow the following instructions.

Ordinary Direct giving - quote the word "Donation" in the reference section and Yours sincerely Ethel Halliday- St John's deposit into Anglican Community Fund.

BSB: 706-001 Acc: 3000 3081

Mission giving should be deposited into the Parish Holding Account using the word "Mission" as a reference.

Banking details are:

BSB: 706-001 Acc: 3000 8763

St John's **Christmas Shoebox** Appeal - Update July - 2025 Dear Parishioners.

Shoebox Packing Day is now getting closer.

We are well on the way already with a number of boxes already completed by parishioners and another 70 being organised with purchases and gifts already made and contributed.

We still hope to send at 100 boxes this year. However, we may still need some small contributions towards the postage. I am currently considering having the main packing day in the hall on Saturday morning the 23rd of August, so that anyone who is interested in coming to view what we put in the boxes, can have the opportunity to observe the process. You will not be expected to do any packing, just to view how the boxes are completed.

If you are interested and wish to come along on this day, just let me know soon

as we need to know whether it will be a suitable arrangement.

Reverend Karen will be blessing the boxes another. Could I please ask that those that at both morning services on Sunday, 24th August, before they are delivered to the Albany centre for shipping to Perth For any information I can be contacted on Mob: 0409447960 or Home on: 98447961 Operation Christmas Child co-ordinator.

#### PEACE OF MIND

Regardless of age, an enduring power of attorney (EPA), an enduring power of guardianship (EPG) and an advanced health directive (AHD) can be accessed at https://www.wa.gov.au/service/justice/ civil-law/enduring-power-of-attorney and are recommended to be in place to provide peace of mind to our families. Do you have a will?

### **AND FUNERALS**

Information to assist you make your wishes known re funeral arrangements can be accessed via the Parish Office. The completed information is for your family and/or support persons to ensure your wishes are carried out.

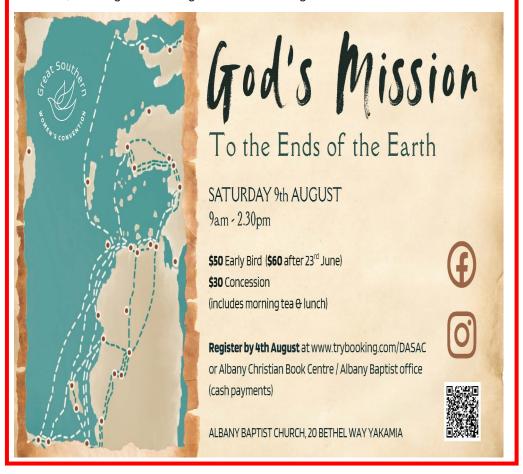
Prayer Chain - A parish prayer chain has been re-established. If you have prayer requests please contact Revd Karen (0434 702 343), who will communicate with other members of the team. Prayer requests will not be discussed by prayer chain members and will be kept in confidence. If you wish for prayers to continue for more than one week, please contact Rev. Karen again. The importance and power of prayer is intrinsic in our faith. Prayer is an act of worship that glorifies God and reinforces our need for God. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7(NRSV).

### CONTEMPLATIVE PRAYER.

A contemplative prayer service is held in the Lady Chapel every Tuesday of the month at 11am. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service takes less than an hour usually, and it is followed for those who wish to stay, by the regular Tuesday 12.30 Eucharist. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

The **Great Southern Women's Convention 2025** will be held on **Saturday 9**th **August 2025**. This year's theme is "God's Mission: To the Ends of the Earth", with Amy Stopher (Providence City) sharing from the book of Acts.

Great Southern Women's Convention is an encouraging time of exploring the truth of God's word through Bible teaching, responding to Him and considering how we can live for Jesus. Since its inception, the conference has been such an uplifting day, with women from various denominations and towns across the beautiful Great Southern, meeting to encourage and be encouraged in their Christian faith.



### Services at St John's.

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website <a href="https://www.anglicanchurchalbany.org.au">www.anglicanchurchalbany.org.au</a> so you can watch the recordings.

### **Normal Worship times:**

Sunday 8:00am Sung Eucharist with Hymns

Sunday 9.30am Live streamed sung Eucharist with Hymns

Sunday 7.00pm Live Streamed Compline

Tuesday 12.30 pm Eucharist

Monday - Friday Morning and Evening Prayer live streamed at

8am and 5pm.

The next Order of St Luke Healing Service will be held on Thursday 14th of August at 9.30am in the Lady Chapel.

## **CONTACT DETAILS**

Priest-in-Charge: Reverend Canon Karen Cave - Mob: 0434 702 343

Email: priest@anglicanchurchalbany.org.au

Safe Church email - safechurch@anglicanchurchalbany.org.au

Wardens:

Email: wardens@anglicanchurchalbany.org.au

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

**Parish Office:** 

Parish Administrator: admin@anglicanchurchalbany.org.au

Rachel Matthews – 9841 5015

Parish Office Volunteer: Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

Op Shop:

**Mob**: 0474 265 500

Manager - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

Director of Professional Standards:

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

safeministry@perth.anglican.org

## **Mandatory Reporting Service:**

Ph: 1800 708 704. Website: www.mandatoryreporting.dcp.wa.gov.au Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.