



St. John's Anglican Church Albany Consecrated 1848.

Sunday 17th May 2026
Seventh Sunday of Easter



Sentence of the Day

'This is eternal life, that we may know you, the only true God, and Jesus Christ whom you have sent.'

John 17.3

Collect

O God, whose Son, Jesus, prayed for his disciples, and sent them into the world to proclaim the coming of your kingdom: by your Holy Spirit, hold the Church in unity, and keep it faithful to your word, so that, breaking bread together, we may be one with Christ in faith and love and service, now and for ever. Amen.

Prayer of the Week

O God, you withdraw from our sight that you may be known by our love: help us to enter the cloud where you are hidden, and to surrender all our certainty to the darkness of faith in Jesus Christ. Amen.

Today's Readings

1st Reading Acts 1.6-14

⁶ So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' ⁷ He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. ⁸ But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' ⁹ When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. ¹⁰ While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. ¹¹ They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.' ¹² Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. ¹³ When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. ¹⁴ All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

2nd Reading 1 Peter 5

¹ Now as an elder myself and a witness of the sufferings of Christ, as well as one who shares in the glory to be revealed, I exhort the elders among you
² to tend the flock of God that is in your charge, exercising the oversight, not under compulsion but willingly, as God would have you do it—not for sordid gain but eagerly.
³ Do not lord it over those in your charge, but be examples to the flock.
⁴ And when the chief shepherd appears, you will win the crown of glory that never fades away.
⁵ In the same way, you who are younger must accept the authority of the elders. And all of you must clothe yourselves with humility in your dealings with one another, for 'God opposes the proud, but gives grace to the humble.'
⁶ Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time.

⁷ Cast all your anxiety on him, because he cares for you.

⁸ Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour.

⁹ Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering.

¹⁰ And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you.

¹¹ To him be the power for ever and ever. Amen.

¹² Through Silvanus, whom I consider a faithful brother, I have written this short letter to encourage you, and to testify that this is the true grace of God. Stand fast in it.

¹³ Your sister church in Babylon, chosen together with you, sends you greetings; and so does my son Mark.

¹⁴ Greet one another with a kiss of love. Peace to all of you who are in Christ.

Gospel Reading John 17.1-11

¹ After Jesus had spoken these words, he looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, ² since you have given him authority over all people, to give eternal life to all whom you have given him. ³ And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. ⁴ I glorified you on earth by finishing the work that you gave me to do. ⁵ So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. ⁶ 'I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. ⁷ Now they know that everything you have given me is from you; ⁸ for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. ⁹ I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. ¹⁰ All mine are yours, and yours are mine; and I have been glorified in them. ¹¹ And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.

The Psalm for today is Psalm 68, Verses 1-10 and 32-35

¹ God shall arise, and his enemies shall be scattered:
those that hate him shall flee before his face.
² As smoke is dispersed, so shall they be dispersed:
as wax melts before a fire,
so shall the wicked perish at the presence of God.
³ But the righteous shall be glad and exult before God:
they shall rejoice with gladness.
⁴ O sing to God, sing praises to his name:
glorify him that rode through the deserts,
him whose name is the Lord, and exult before him.
⁵ He is the father of the fatherless,
he upholds the cause of the widow:
God in his holy dwelling place.
⁶ He gives the desolate a home to dwell in,
and brings the prisoners out into prosperity:
but rebels must dwell in a barren land.
⁷ O God, when you went out before your people:
when you marched through the wilderness,
⁸ The earth shook, the heavens poured down water:
before the God of Sinai, before God,
the God of Israel.
⁹ You showered down a generous rain, O God:
you prepared the land of your possession
when it was weary.
¹⁰ And there your people settled:
in the place that your goodness, O God,

had made ready for the poor.
³² Sing to God, you kingdoms of the earth:
O sing praises to the Lord,
³³ To him that rides upon the highest heavens,
that were from the beginning:
who utters his voice, which is a mighty voice.
³⁴ Ascribe power to God, whose majesty is over Israel:
and his might is in the clouds.
³⁵ Terrible is God who comes from his holy place:
the God of Israel who gives power and strength to his people. Blessed be God.
before God, the God of Israel.
⁹ You showered down a generous rain, O God:
you prepared the land of your possession
when it was weary.
¹⁰ And there your people settled:
in the place that your goodness, O God,
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³⁴ Ascribe power to God, whose majesty is over Israel:
and his might is in the clouds.
³⁵ Terrible is God who comes from his holy place:
the God of Israel who gives power and strength to his people. Blessed be God.

Dear Friends

I hope you have had a good week. Today we celebrate the Seventh Sunday of Easter. Our Sentence gives us a definition of eternal life; we pray for a church of unity. We hear of Christ's Ascension and in our Psalm, David gives a powerful hymn of victory and praise - a grand processional psalm.

1 Peter 5 is the final chapter of his First Epistle. It focuses on church leadership, humility, and standing firm against spiritual adversity while suffering.

Our Gospel is the opening of Jesus' "High Priestly Prayer," spoken just before his arrest in the Garden of Gethsemane. In these verses, Jesus prays to the Father about his mission, his identity, and the protection of his disciples.

The death of Jesus left the apostles lost, sad and wounded in spirit. The resurrection revived their faith in Jesus. But they were not quite courageous and strong enough in spirit to face the world. They needed the Holy Spirit to lift their spirits and to breathe new life into them.

The spirit is extremely important – our own spirit, that is. We see this by some of the everyday expressions we use that include the word ‘spirit’.

For instance, we talk about a person being low in spirits or being in high spirits. We talk about someone approaching a task in the right spirit or in the wrong spirit. We talk about a person giving a spirited performance. We talk about a person having a joyful spirit, or a generous spirit, or a mean spirit, and so on. We talk about breaking or crushing a person's spirit.

These are but a few examples of the way we acknowledge the importance of our spirit. The human spirit is powerful. Our spirit is one of our most precious possessions. It is our greatest source of energy. It is to us, what wings are to a bird, or roots to a tree.

However, while the human spirit can be very strong, it can also be very brittle. It can ascend the heights or plumb the depths. It can be an oak unmoved in a storm, or a frail reed swaying in the wind. It can be a piece of granite, or a piece of china. The human spirit can be easily broken or crushed. When this happens, terrible harm is done to the person.

Because the spirit is easily broken, easily crushed, it needs strengthening and nourishing every bit as much as the body does. If strengthened and nourished, it has great powers of recovery.

So, what are the things that strengthen and nourish the spirit? What is it that enables the spirit to soar, and what is it that causes it to sink?

Sadness weighs it down: joy lifts it up.
Criticism erodes it: praise builds it up.
Failure shrinks it: success enlarges it.
Despair causes it to wilt: hope breathes new life into it.
Rejection wounds it: acceptance heals it.

Next Sunday's Readings

1st Reading
Acts 2.1-21 P112
2nd Reading
1 Corinthians 12.1-13 P166
Gospel Reading
John 20.19-23 P109

HYMNS – EUCHARIST SETTING

DUDMAN TIS 756

	8am	9:30am
Introit		432
Gradual	238	238
Offertory	520	520
Recessional	561	561

Children's Church is available at our 9:30am service. This week's Children's Talk is 'Filled with the Holy Spirit.'

A WARM WELCOME TO ALL VISITORS - All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.

We respectfully acknowledge the Menang Noongar people as the traditional custodians of the land on which we worship and minister, and pay respect to elders past and present.

Hatred poisons it: love purifies it.
Fear cripples it: solitude calms it: and prayer strengthens it.

The scriptures tell us that God's Holy Spirit breathes new life into our spirits. Therefore, as we prepare for our celebration of the feast of Pentecost next Sunday, let us use this time to pray "Spirit of the living God, fall afresh on us."

The Holy Spirit will guide us through our time of lament and into hope of a new Spirit filled age.

Amen

Prayers for:

The Diocese of North West Australia -

Bishop Darrell Parker, clergy and people.

Parishes of Katanning and Kojonup -

St. Andrew's (Katanning), St. Elizabeth's (Broomehill), St. Peter's (Badgebup) St. Peter's (Pindellup), St. Mary's (Kojonup) - Priest-in-Charge - Revd. Neale Sommersby wife Tracy and Deacon Revd. Vicki Webb.

Please pray for:

- * Our Op Shop ministry within the community, giving thanks to God for his faithful provision for those in need and our opportunities to minister to our customers, volunteers and donors we come into contact with.
- * Our fundraising activities throughout the year as we seek to meet our financial needs throughout the year.
- * More people to join us and call our parishes home. Giving thanks for our currently small and elderly task force who are the salt and light of our church family .
- * The parishes as we embrace our new vision to love Jesus, live Jesus and be Jesus in our community.
- * That the parishes will be open to embracing small changes throughout the coming year.
- * We pray for a fresh outpouring of the Holy Spirit in our parishes, for unity

between our churches, that combined we might be a beacon of joy and hope to those seeking the solitude of peace in their lives.

Diocesan Ministry - The Goldsmith Deanery, Area Dean - Revd. Mavis Tyler.

For the World:

- * All asylum seekers being held in Detention Centres, and those who care for them.
- * Those involved in the field of research to improve the quality of life for the people of the world.
- * All who seek to enable others to smile and bring peace into their lives.
- * For the physically challenged that they may feel the presence of God .

Anglican Church of Kenya - Diocese of Kapsabet.

Kamasai Missionary Area - Parish Priest - Revd. Teresa Limo and husband Mr. Limo.

All Saints Cheptil Parish - Parish Priest - Revd. Stephen Koech and wife Hellen.

Please pray for:

- * God to make our ministry fruitful as we seek to minister to the lost.
- * The church to grow in terms of mission work and prayer partnership.

Diocesan Ministry - Give thanks to God for giving us his only son Jesus Christ to be a ransom for our sins.

Mothers Union Monthly Prayer

Our Father, Thy kingdom come, on earth as it is in heaven. Let us make a heaven here on earth, for all, acting as Your hands and feet, ensuring that the world is a place of plenty for all, safe for all, loving for all, comfort for all. Let Your wondrous earth be a place where all can not just grow, but flourish and become everything Your wish them to be. Amen.

Mission of The Month for May is Boniface Care

Boniface Care" is the outward expression of our call as Anglicans to meet human need through loving service. In our diocese, through our network of 32 Parishes in the Southwest and Great Southern, we seek to lovingly serve the needs of people within our Communities, by meeting them where they are, forming a relationship with them and providing them with the resources they need to improve their quality of life, or simply to assist them to overcome a particular hurdle they are facing at that time in their life.

Boniface Care funding helps provide the following services throughout the Diocese:

- On a weekly basis food is distributed to those in need, either by way of prepared

meals (casseroles), food hampers, bread, fresh fruit and vegetables.

- Soup kitchens to feed just short of 300 people per week.
 - Financial assistance is provided via assistance with bill payments or the provision of food vouchers.
 - Financial Counselling with the assistance of Anglicare WA.
- There are currently over 400 registered volunteers assisting in these ministries making an enormous contribution to the life of their Community by assisting others to improve their quality of life, and feel loved and appreciated as well.

For further detail on the services provided by Boniface Care please go to <https://www.bunburyanglican.org/boniface-care>



Let's stand together to create healthy relationships and a community where everyone feels respected and safe



Standing Together is an Anglicare WA initiative offering free one-hour presentations on the signs and drivers of family & domestic violence and how as a community we can work together to prevent it.

Parish & Community Presentations: Wed 8 July

We can all support the prevention of family and domestic violence whether or not we are likely to experience violence in our own lives.

Facilitated by Anglicare WA, the Standing Together presentation provides an opportunity to grow a shared awareness and understanding of family and domestic violence, what drives its prevalence and how as a community we can participate in its prevention.

When: Wednesday 8 July, 1.30pm

Where: Dorothy Wood Hall, St Johns Anglican Church York Street, Albany

Who can attend: Welcoming all local community members (Over 18 years)



THE ANGLICAN CHURCH OF AUSTRALIA
THE DIOCESE OF BUNBURY

PEW SHEET/ PARISH NOTICE

Bishop Ian will be retiring and "Laying up his staff" on 29th August this year. Consequently, the Bishopric Nomination Committee has begun its work searching for a new Bishop. Parishes and Individuals are encouraged to submit the name of possible candidates in writing or by email to any member of the Committee or directly to the Diocesan Secretary, Jenny Duncan, at secretary@bunbury.org.au. The person's name, their contact details, and a brief comment on why this person should be considered as bishop should be included.

Any Anglican Priest or Bishop (women and men) in good standing in the Anglican Communion are eligible for consideration. The deadline for submissions is 14th June 2026.

During this time, you may care to use the following prayer:

*Eternal God, shepherd and guide,
in your mercy give your church in this Diocese a shepherd after your own heart who will
walk in your ways,
and with loving care watch over your people.
Give us a leader of vision and a teacher of your truth.
So may your Church be built up and your name glorified;
through Jesus Christ our Lord. Amen.*

(APBA 1995, p211, #35)

Mothers Union Albany



20th May 2026 1.30pm

Dorothy Wood Hall

MU Gathering

Guest Speaker, Ann Robinson

Dress theme: OP Shop

(with hat if you have one)

Please bring a plate for afternoon tea

ALL WELCOME



Wendy Minchin, Albany Branch Secretary
Email: wendyminchin1@gmail.com
Jane Settler 048 858 024

The Great Southern Women's Convention is a special day of gathering together to explore the truth of God's Word through Bible teaching, respond to Him in worship, and encourage one another in living for Jesus.

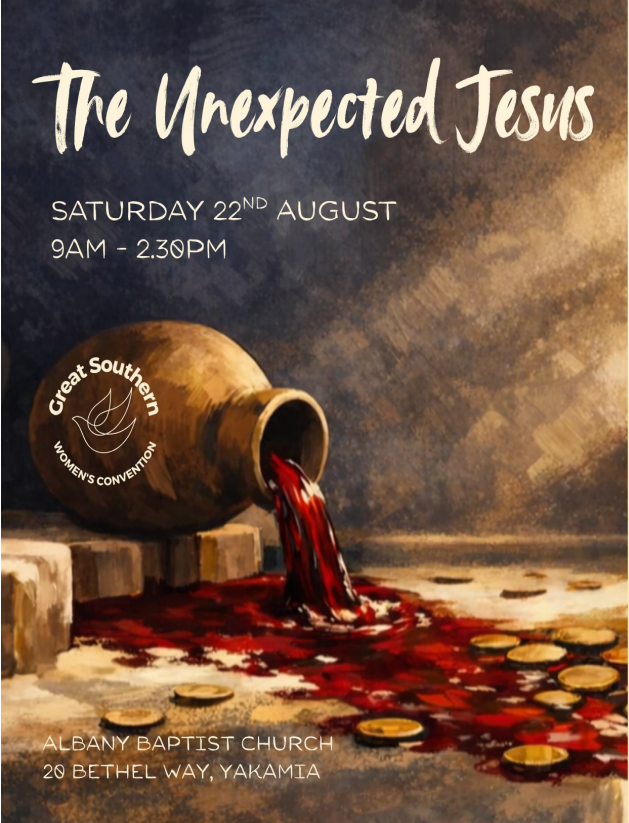
Saturday 22 August 2026 is only a few months away and registrations are open! Tickets can be purchased online through <https://www.trybooking.com/DLNJY> or directly from Albany Christian Book Centre or Albany Baptist office (exact cash payments only).

Earlybird tickets - \$50 (closing date 5th July).
Standard tickets - \$60
Student/Health Care Card tickets - \$35

For further updates and GSWC news, please follow us on [Facebook](#) or [Instagram](#) — and feel free to like, follow, and share our posts to help spread the word!

Your sisters in Christ,

The Great Southern Women's Convention Committee



The Unexpected Jesus

SATURDAY 22ND AUGUST
9AM - 2.30PM

ALBANY BAPTIST CHURCH
20 BETHEL WAY, YAKAMIA

Great Southern WOMEN'S CONVENTION

REGISTER AT



www.trybooking.com/DLNJY

\$50 Early bird (until 5th July)
\$60 Standard
\$35 Concession
(includes morning tea & lunch)

Cash payments
Albany Christian Book Centre or
Albany Baptist Office

Questions?
gsconvention@gmail.com

 @gs_womensconvention
 @greatsouthernwomensconvention

NOTICES

Upcoming Meetings and Events

Martha's Soup Kitchen - Mon 12pm-1pm.

Parish Council Meeting - Tues 19th May at 5.30pm in the D/W Hall.

Thursday at 3 – you are warmly invited to join others in exploring, living and sharing our faith at 3 pm on Thursday in the Dorothy Wood Hall. Discovery guides will be available, as will light refreshments. For any queries please see Revd. Karen, Jenny Taylor, Amanda Greenhow or Yvette Elms.

Winter preparation Busy Bee for the Parish grounds and Garden -9am Weds 20 May.

For all able to join in any way please contact John Blake (Mobile: 0438761950). For those who have already confirmed – thank you. More info -John, Peter or Lyris.

CWCI Australia 2026 Day Conference - is being held on Sat., 23rd May at the Juniper Community Centre, Lockyer from 8:30am-3:30pm. For registration and further details please see the postcards left in the Church Porch.

Bicentennial Fete Reminder - October or November are months away but wont take long to get there. Now is the season to start making jams, pickles, etc for our Bicentennial fete, with most fruits ready for picking. Thank you all in advance. Mike T.

2026 Lectionaries are still available from the Office for \$12.50.

Emergency Relief - Hi everyone Thanks for your previous donations which we very much appreciated. We urgently require the following items:

- * Egg cartons
- * 1 litre full cream long life milk.
- * 1kg plain or self-raising flour.
- * 1kg white rice.

Thank you and best wishes from the ER team.

Ministry opportunities - The Church cleaning team and Op Shop are looking for extra volunteers to join them. Please contact our Op Shop Manager, Wardens or Revd. Karen.

Church Watch Fridays from 11am-2pm. If anyone is interested in assisting with this ministry please speak to Revd. Karen or one of our Wardens

PEACE OF MIND

Regardless of age, an enduring power of attorney (EPA), an enduring power of guardianship (EPG) and an advanced health directive (AHD) can be accessed at <https://www.wa.gov.au/service/justice/>

[civil-law/enduring-power-of-attorney](#) and are recommended to be in place to provide peace of mind to our families. Do you have a will?

AND FUNERALS - Information to assist you make your wishes known re funeral arrangements can be accessed via the Parish Office. The completed information is for your family and/or support persons to ensure your wishes are carried out.

Prayer Chain - A parish prayer chain has been re-established. If you have prayer requests please contact Revd. Karen (0434 702 343), who will communicate with other members of the team. Prayer requests will not be discussed by prayer chain members and will be kept in confidence. If you wish for prayers to continue for more than one week, please contact Rev. Karen again. The importance and power of prayer is intrinsic in our faith.

Prayer is an act of worship that glorifies God and reinforces our need for God. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7 (NRSV).

CONTEMPLATIVE PRAYER. - CHANGE OF DATE AND TIME

- A contemplative prayer service is held in the Lady Chapel every Wednesday at 10:45am. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service usually takes less than an hour. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

Direct Giving via Electronic Banking - Thanks again to those who are continuing to support the church in one form or another. Could I please ask that those that are electronically transferring money to the church follow the following instructions.

Ordinary Direct giving - quote the word "Donation" in the reference section and deposit into Anglican Community Fund.

BSB: 706-001

Acc: 3000 3081

Mission giving should be deposited into the Parish Holding Account using the word "Mission" as a reference.

Banking details are:

BSB: 706-001

Acc: 3000 8763



BEETHOVEN: THE SYMPHONY CYCLE

Also featuring famous works by Bizet, Elgar and Mozart and a newly arranged version of *Waltzing Matilda*, by Conductor, Adam Cook.

The 9 Beethoven Symphonies will be played in chronological order (one per season) to showcase his elegance and grace of the classical period.

3pm | SATURDAY 23rd MAY | 2026

Free Reformed Church

Tickets through Paperbark Merchants or at the door

Adults \$40 | Concession \$30 | Students \$10



Services at St John's.

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website www.anglicanchurchalbany.org.au so you can watch the recordings.

Normal Worship times:

Sunday 8:00am	Sung Eucharist with Hymns
Sunday 9.30am	Live streamed sung Eucharist with Hymns
Sunday 7.00pm	Live Streamed Compline
Tuesday 12.30 pm	Eucharist
Monday - Friday	Morning and Evening Prayer live streamed at 8am and 5pm.

The next Order of St Luke Healing Service will be held on Thursday 11th of June at 9.30am in the Lady Chapel.

CONTACT DETAILS

Priest-in-Charge: Reverend Canon Karen Cave - Mob: 0434 702 343

Email: priest@anglicanchurchalbany.org.au

Safe Church email - safechurch@anglicanchurchalbany.org.au

Wardens:

Email: wardens@anglicanchurchalbany.org.au

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

Parish Office:

admin@anglicanchurchalbany.org.au

Rachel Matthews – 9841 5015

Parish Office Volunteer: Amy Mengler and Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

Op Shop:

Manager - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

Director of Professional Standards:

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

safeministry@perth.anglican.org

Mandatory Reporting Service:

Ph: 1800 708 704. Website: www.mandatoryreporting.dcp.wa.gov.au

Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.