



# St. John's Anglican Church Albany Consecrated 1848.

**Sunday 5th July 2026  
Sixth Sunday After Pentecost**



## Sentence of the Day

**'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,' says the Lord. 'Take my yoke upon you, and learn from me; for I am gentle and humble in heart.'**

**Matthew 11.28–29**

## Collect

**Almighty God, your Son Jesus Christ has taught us that what we do for the least of his brothers and sisters we do also for him:  
give us the will to serve others as he was the servant of all, who gave up his life and died for us;  
yet lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## Prayer of the Week

**Eternal God, you blessed Aboriginal and Torres Strait Islander peoples with wisdom to live in this land and care for it:  
bless Australia's First Peoples again today with pride in their languages, stories and songs;  
and give grace to all of us to share culture, faith and hope together through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.**

## Today's Readings

*1st Reading Genesis 24.34-38; 24.42-49; 24.58-67*

<sup>34</sup> So he said, 'I am Abraham's servant.

<sup>35</sup> The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys.

<sup>36</sup> And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has.

<sup>37</sup> My master made me swear, saying, "You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live;

<sup>38</sup> but you shall go to my father's house, to my kindred, and get a wife for my son."

<sup>42</sup> 'I came today to the spring, and said, "O Lord, the God of my master Abraham, if now you will only make successful the way I am going!

<sup>43</sup> I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,'

<sup>44</sup> and who will say to me, 'Drink, and I will draw for your camels also'—let her be the woman whom the Lord has appointed for my master's son."

<sup>45</sup> 'Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink."

<sup>46</sup> She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels.

<sup>47</sup> Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms.

<sup>48</sup> Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son.

<sup>49</sup> Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.'

<sup>58</sup> And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.'

<sup>59</sup> So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men.

<sup>60</sup> And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.'

<sup>61</sup> Then Rebekah and her maids rose up,

mounted the camels, and followed the man; thus the servant took Rebekah, and went his way.

<sup>62</sup> Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb.

<sup>63</sup> Isaac went out in the evening to walk in the field; and looking up, he saw camels coming.

<sup>64</sup> And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, <sup>65</sup> and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself.

<sup>66</sup> And the servant told Isaac all the things that he had done.

<sup>67</sup> Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

## 2nd Reading Romans 7.14-25

<sup>14</sup> For we know that the law is spiritual; but I am of the flesh, sold into slavery under sin. <sup>15</sup> I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup> Now if I do what I do not want, I agree that the law is good. <sup>17</sup> But in fact it is no longer I that do it, but sin that dwells within me. <sup>18</sup> For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. <sup>19</sup> For I do not do the good I want, but the evil I do not want is what I do. <sup>20</sup> Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. <sup>21</sup> So I find it to be a law that when I want to do what is good, evil lies close at hand. <sup>22</sup> For I delight in the law of God in my inmost self, <sup>23</sup> but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. <sup>24</sup> Wretched man that I am! Who will rescue me from this body of death? <sup>25</sup> Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

## Gospel Reading Matthew 11.15-19; 11.25-30

<sup>5</sup> Let anyone with ears listen!

<sup>16</sup> 'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

<sup>17</sup> "We played the flute for you, and you did not dance;

we wailed, and you did not mourn."

<sup>18</sup> For John came neither eating nor drinking, and they say, "He has a demon";

<sup>19</sup> the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a

friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'  
<sup>25</sup> At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; <sup>26</sup> yes, Father, for such was your gracious will. <sup>27</sup> All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son

chooses to reveal him. <sup>28</sup> 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.'

*The Psalm for today is Psalm 45, Verses 10-17*

- <sup>10</sup> Hear, O daughter, consider and incline your ear: forget your own people and your father's house. <sup>11</sup> The king desires your beauty: he is your lord, therefore bow down before him.
- <sup>12</sup> The richest among the people, O daughter of Tyre: shall entreat your favour with gifts.
- <sup>13</sup> The king's daughter is all glorious within: her clothing is embroidered cloth-of-gold.
- <sup>14</sup> In robes of many colours she is led to you, O king: and, after her, the virgins that are with her.
- <sup>15</sup> They are led with gladness and rejoicing: they enter the palace of the king.
- <sup>16</sup> In place of your fathers you shall have sons: and make them princes over all the land.
- <sup>17</sup> And I will make known your name to every generation: therefore the peoples shall give you praise for ever.

*Next Sunday's Readings*

<i>1st Reading</i>	<i>Genesis 25.19-34</i>	<i>P22</i>
<i>2nd Reading</i>	<i>Romans 8.1-11</i>	<i>P149</i>
<i>Gospel Reading</i>	<i>Matthew 13.1-9; 13.18-23</i>	<i>P13</i>

**HYMNS – EUCHARIST SETTING DUDMAN**

**TIS 756**

	8am	9:30am
<b>Introit</b>		457
<b>Gradual</b>	584	584
<b>Offertory</b>	136	136
<b>Recessional</b>	161	161

**Children's Church is available at our 9:30am service. This week's Children's Talk is 'When Your Load is Heavy'.**

**A WARM WELCOME TO ALL VISITORS** - All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.

We respectfully acknowledge the Menang Noongar people as the traditional custodians of the land on which we worship and minister, and pay respect to elders past and present.

Hello Dear Friends

I pray you have had a good week. I can't quite believe that this weekend marks seven years since my service of recognition here at St John's. I am so thankful to be here with you sharing ministry.

Our readings for this Sunday are well varied: We begin with a great narrative talking of relationships, prayer, faith and signs - the story of Isaac and Rebekah becoming husband and wife and how he loved her, and she showed great obedience and willingness. Our psalm, written by sons of Korah, is unique, it being a messianic wedding song (an epithalamium), a beautiful poem prepared for a royal wedding, possibly that of Solomon and the princess of Egypt or maybe Ahab and Jezebel.

In our reading from Romans Paul speaks of his own fierce internal battle with sin to which we can all, surely relate.

And our Gospel, is the most precious invitation to all where Jesus asks us to "take my yoke upon you and learn from me; for I am gentle and humble in heart, and you will find rest for your souls."

Stephen Covey (An American Author) said, "The person we are today is a direct result of the choices we made yesterday." So, if we are unhappy with who we are, then we have no one else to blame but ourselves and the choices that we made yesterday. He goes on to say that the first step to changing that, is to accept personal responsibility for the choices we made. Covey goes on to say, the good news is that who we are one year from now or ten years from now, will be the result of choices we make today and tomorrow.

People often ask others advice about problems. When offered advice, however, some say "I couldn't do that it's too difficult or inconvenient." Sometimes it seems we want what is right but only within the parameters of what's easy, risk free and cost free.

Today, Paul says, "I do not understand my own actions. For I do not do what I want, but I do the very thing I hate." ... "For I do not do the good I want, but the evil I do not want is what I do. "And "I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do."

Paul in those few sentences truly encapsulates the struggle that I am sure, we all feel at times between the things we know are right to do and the desire that we have to do the exact opposite. Sometimes the struggle to do the right thing that we as Christians are called upon to do can be quite a burden.

This brings us to today's Gospel: Jesus asks all people to follow him, he asks them to take upon themselves, HIS burden, HIS yoke. BUT whilst his burdens may be light and his yoke easy, a burden is

a burden, and a yoke is a yoke and isn't the purpose of freedom to avoid all yokes and burdens so we can be free to do what we please? Augustine of Hippo, noted that freedom means to be free, not to do what we want to do, but rather to be free to be whom God intends us to be. True freedom lies in becoming free to be who God created us to be.

In Jesus' time two oxen would be placed side by side and a single yoke was placed on them both. And often, when they had a young inexperienced ox, farmers would deliberately pair the young inexperienced ox with an older experienced ox. They would do this because the older ox would not only know his way around the field but would also set the pace. So, the older ox would show the path to follow but would also go at a pace that would prevent the young ox from literally pulling himself to death. The older ox would teach the younger, and so when yoked with an older ox, the younger ox learns to cooperate with, and rest in the strength of the older one.

In other words, any good farmer knew that yokes served three purposes: Firstly, heavier loads could be shared. Secondly, inexperienced oxen could be trained; And thirdly together they will not wander off the track.

This was so well known, that the phrase 'to be yoked to a person' was used metaphorically to refer to a pupil's submission to a teacher. In New Testament times, the phrase, "to take the yoke of" was used by rabbis to refer to "becoming a submitted pupil of a teacher." So, this is the idea behind the yoke that Jesus is referring to.

As Followers of Jesus, we don't have to go it alone. In the challenge that we as Christians face to be like Christ, Jesus offers us help! He is in effect, saying to us today "Be with me". If yokes are made for two, not one, then Jesus is saying that we were not meant to go through life living apart from God. The yoke of Jesus fits well and is lighter than the one we've been pulling by ourselves. Being yoked to Christ, means we submit ourselves to him. We acknowledge that he the master, we are the pupil; he is the teacher, we are the disciple. Being voluntarily yoked to Jesus means we agree to join him in his work, and we agree to do his will. Being yoked to Christ is a choice we make.

Today we are reminded that Jesus deals in yokes! If a yoke is a neck harness for two, then Jesus is offering to be one of the two.

The yoke of Jesus is easy and his burden is light. His invitation to us and to all is to allow him to walk beside us and help us with our load and so give us rest.

Karen

**Prayers for:**

**The Diocese of Bathurst** - Bishop Mark Calder, clergy and people.

**The Parishes of Boyanup and Boyup Brook** – St George's (Boyanup), St. John the Divine (Capel), St. Aidan's (Ferguson) and St Saviour's - Assisting Priests, Revd. Sue Kemp, Revd. David Bardsley and wife Hilary.

**Please pray for:**

\*Growth in faith.

\*A willingness to share our gifts of 'time, talents and treasures' to grow the Kingdom of God in our towns.

\*Direction for the Parish Council.

\*Wisdom in the use of parish funds and buildings.

\*Strengthening of ecumenical relationships.

\*Thanks and for God's continued blessing on the outreach to the Aged Care and Hospital.

\*Encouragement of younger people to leadership positions.

\*Vision for St Saviour's to bring hope for the future .

**Diocesan Ministry:** Cursillo - Temporarily in abeyance, Lay Director and Spiritual Director.

**For the World:** -

\*Those who are homeless and estranged from families.

\*All Community Service Organisations seeking to give assistance and relief to those in need.

\*That God's people will sense the great need to spend more time in prayer.

**Prayers for:**

**Anglican Church of Kenya - Diocese of Kapsabet.**

**St John's Kebulonik Parish** - Parish Priest - Revd. Eliud Legetet and wife Sheila.

**St Luke's Koisolik Parish** - Parish Priests - Revd. Hosea Rop, wife Agnes, Revd. Faith Jepkoech and husband Amos Rutto.

**Please pray for:**

\*God's unconditional love and great care and Christians to empress spirit of penitence.

\* Those seeking baptism, weddings, and for those God is calling to join confirmation classes.

**Diocesan Ministry** - Pray that God may render powerless the devices of the wicked against the wellbeing of our God's People at every point.

**Mothers Union Monthly Prayer**

**Heavenly Father, we thank you for the gift of faith that we have received from you. Please help us to know more deeply for ourselves the transforming power of the Gospel in our own lives. As we draw encouragement from your gracious gift to us, give us a greater desire to share the Good News with the people we meet, so that they, too, may find hope and may know for themselves the riches of your love. Through your Holy Spirit, may our words and actions bear witness to your presence, through Christ our Lord. Amen**

**Mission of The Month for July is Albany Women's Centre**

**Albany Women's Centre** offers women, with or without children, affected by family and domestic violence a safe refuge and support services.

Services provided at the centre include:

- Safe, secure crisis accommodation
- Case management support.
- Outreach services
- Support Groups.
- Community Education

You can find plenty of information regarding family and domestic violence and how to get assistance at their website [Albany Womens Centre - Centre For Women's Safety and Wellbeing](#)

Some statistics taken from the Albany Womens Centre Website:

1. One in six women in Australia have experienced physical or sexual

violence by a current or previous partner since the age of 15.

2. One in four women in Australia have experience emotional abuse by a current or previous partner since the age of 15.

At St Johns we provide much needed toiletry packs to these women in need. This service was initiated by the Ladies Guild and has continued on after the cessation of this group. Your donations will go towards assisting with making sure we are able to continue this service.

Contact details for the Albany Women's Centre are 9845 6000 or [awc@anglicare.org.au](mailto:awc@anglicare.org.au). The centre services a 50km radius, covering the towns of Mountt Barker, Denmark and Albany. Boys up to the age of 15 and girls up to the age of 18 are accepted.

**Re: NOMINATIONS FOR OUR NEXT BISHOP**

The nomination period has now finished.

The Nomination Committee will consider all the names that have been sent in, check the person's eligibility and ascertain their willingness to be considered for the position.

In due course the Committee will make a short list of no less than three and no more than six names for consideration at the Election Synod.<sup>1</sup>

Details of the Election Synod will be issued soon. All current members of Synod will be asked to attend. Please note that the election Synod is a closed Synod, so non-members will not be able to attend. The deliberations of this Synod remain confidential.

Individuals and Parishes are encouraged to pray for God's blessing and guidance during this time of discernment. I encourage you to use the following prayer:

*Eternal God, shepherd and guide,  
in your mercy give your church in this Diocese a shepherd after your own heart who will walk in your ways,  
and with loving care watch over your people.  
Give us a leader of vision and a teacher of your truth.  
So may your Church be built up and your name glorified;  
through Jesus Christ our Lord. Amen.*

(APBA 1995, p211, #35)

**Sea Sunday is our Mission next Sunday, 12th July.**



*“Just as our Lord welcomed the stranger and cared for the vulnerable, so too can His people become Harbours of Hope for those who labour far at sea.”*

Since 1856, The Mission to Seafarers has been a source of practical, emotional, and spiritual support to the men and women who serve us at sea.

Today, we are one of the largest maritime welfare organisations in the world. Through our presence in more than 200 ports worldwide, our chaplains and volunteers provide ship visits, seafarer centres, mental health support, and advocacy for seafarers' safety and well-being.

Our long history, global reach, and deep commitment to welfare mean seafarers know they can turn to us in their time of need – and it is only through the generosity of people like you that this is possible. With your help, the church can continue to be a Harbour of Hope for those who support us from the sea.



**Thank you for your SUPPORT**

With your gift today, you help the Mission become a Harbour of Hope this Sea Sunday – so that more seafarers know they are seen, loved, and never alone.

Email: [admin@mts.org.au](mailto:admin@mts.org.au)  
Address for cheques:

The Australian Council of Mission to Seafarers Inc,  
33 John St, Oakleigh VIC 3166  
[mts.org.au/donate](http://mts.org.au/donate)

Donations to The Australian Council of the Mission to Seafarers Inc. of \$2.00 and over are Tax deductible  
BSB | 036 306. ACC | 430 614



Scan to make your donation online



**Be a Harbour of Hope for Seafarers**  
**SEA SUNDAY**

**Join us this SEA SUNDAY**

Look around: the tea in your cup, the clothes you wear, the fuel that heats your home – around 90% of it arrives by sea. Behind all of the world's shipments are 1.9 million brave men and women who spend months away from home, often in isolated and challenging conditions, separated from everyone and everything they love.

Seafarers are some of the most invisible heroes. On Sea Sunday, churches around the world are coming together in prayer and thanksgiving for those who keep our world moving – and to offer them practical help in Christ's name. As you share in today's service, you have a simple, powerful opportunity to turn gratitude into action.

This action, in the form of a gift or the volunteering of your time, will go towards providing practical, emotional, and spiritual support – creating Harbours of Hope for those who serve us at sea.

Your generosity today can provide the practical care, emotional support, and spiritual encouragement that seafarers desperately need. Every gift – whether monthly or one-off – becomes a Harbour of Hope for someone who might otherwise feel forgotten.

If you are able, please consider starting a monthly gift first. Regular giving allows the Mission to plan ahead, respond quickly, and be there for seafarers' day after day, year after year.

towards providing practical, emotional, and spiritual support – creating Harbours of Hope for those who serve us at sea.



**Support Seafarers EVERY MONTH**

Many supporters choose to give monthly, because it provides steady, reliable care for those who serve us at sea. Even a modest amount, given regularly, has a deep and continuing impact.

**\$10 a month** keeps families connected, providing phone cards and SIM data so seafarers can stay in touch with their loved ones.

**\$25 a month** brings chaplains on board, funding regular chaplain visits, offering prayer, listening ears, and practical support to isolated crews.

**‘For these isolated seafarers, a chaplain's visit offers more than conversation – it's recognition, prayer for those who need it, and the reassurance that someone sees them.’**

**You Can Be a Lifeline of Care**

**ONE-OFF DONATION**

A one-off gift makes a vital difference, monthly contributions provide constant care.

**\$35** Helps provide access to digital chaplaincy, so seafarers can reach out for support at any hour of the day or night.

**\$65** Helps supply emergency aid, safety equipment, and pastoral support when crews face crisis.

**\$120** Helps cover transport and communication costs so chaplains can respond swiftly and offer ongoing care when it is most needed.

**Thank you for being part of this vital ministry. Together, we can be Harbours of Hope for those who serve us so faithfully at sea.**



**Reach Those Who Feel Forgotten**

Life at sea can be lonely, frightening, and exhausting. Many seafarers face family separation, stress, and anxiety with no one close by to turn to. Yet through The Mission to Seafarers, the love of Christ reaches right into that isolation – through chaplain visits, centres of welcome, and simple acts of kindness that change everything for someone far from home.

For these isolated seafarers, a chaplain's visit offers more than conversation – it's recognition, prayer for those who need it, and the reassurance that someone sees them.

Please visit [mts.org.au/seasunday](http://mts.org.au/seasunday) to learn more about our work.

@mts\_aust @MTSAustCouncil



**Standing Together**  
Anglicare WA



**Let's stand together** to create healthy relationships and a community where everyone feels respected and safe



**Standing Together** is an Anglicare WA initiative offering free one-hour presentations on the signs and drivers of family & domestic violence and how as a community we can work together to prevent it.

**Parish & Community Presentations: Wed 8 July**

We can all support the prevention of family and domestic violence whether or not we are likely to experience violence in our own lives.

Facilitated by Anglicare WA, the Standing Together presentation provides an opportunity to grow a shared awareness and understanding of family and domestic violence, what drives its prevalence and how as a community we can participate in its prevention.

**When:** Wednesday 8 July, 1.30pm

**Where:** Dorothy Wood Hall, St Johns Anglican Church York Street, Albany

**Who can attend:** Welcoming all local community members (Over 18 years)

The Great Southern Women's Convention is a special day of gathering together to explore the truth of God's Word through Bible teaching, respond to Him in worship, and encourage one another in living for Jesus.

**Saturday 22 August 2026** is only a few months away and registrations are open! Tickets can be purchased online through <https://www.trybooking.com/DLNJY> or directly from Albany Christian Book Centre or Albany Baptist office (exact cash payments only).

**Earlybird tickets - \$50 (closing date TODAY - 5th July).**

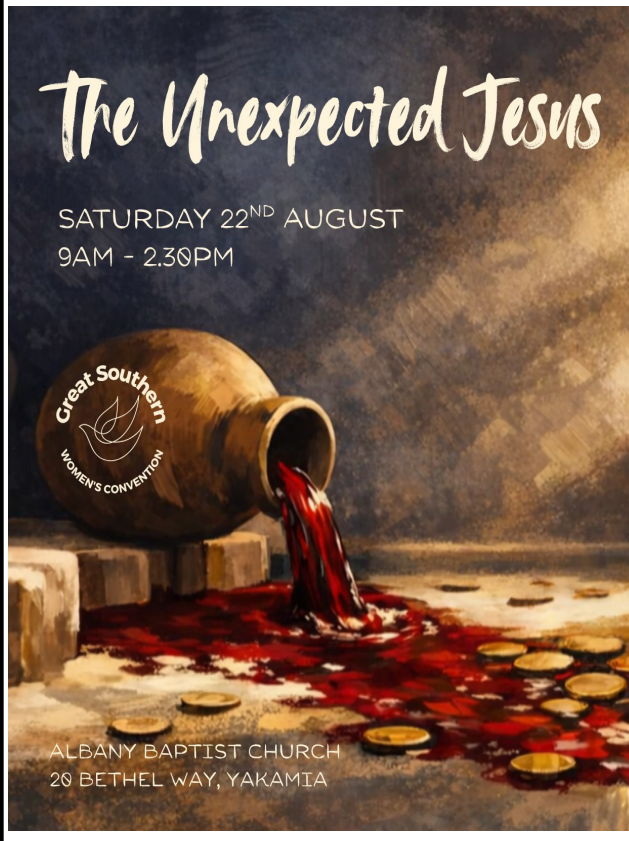
Standard tickets - \$60

Student/Health Care Card tickets - \$35

For further updates and GSWC news, please follow us on [Facebook](#) or [Instagram](#) — and feel free to like, follow, and share our posts to help spread the word!

Your sisters in Christ,

*The Great Southern Women's Convention Committee*



**The Unexpected Jesus**

SATURDAY 22<sup>ND</sup> AUGUST  
9AM - 2.30PM

www.trybooking.com/DLNJY

**\$50** Early bird (until 5th July)  
**\$60** Standard  
**\$35** Concession  
(includes morning tea & lunch)

Cash payments  
Albany Christian Book Centre or  
Albany Baptist Office

Questions?  
gsconvention@gmail.com

@gs\_womensconvention  
@greatsouthernwomensconvention

## NOTICES

### Upcoming Meetings and Events

**Martha's Soup Kitchen** - Mon 12pm-1pm.

**Communications Committee Meeting** - Tuesday 7th July at 4pm via Zoom.

**Mothers Union** - Wed 8th July 1:30pm. D/W Hall. MU are hosting Anglicare for a presentation of 'Standing Together' to share awareness and understanding of family domestic violence and how as a community we can participate in prevention. All welcome Ph Jane 0428858024.

**Finance Committee Meeting** - Thurs. 9th July at 10am via Zoom.

**July Parish Council Reports** are due to Parish Administrator by 5pm Wed., 15th July.

**Thursday at 3** - Come and join us from 18 June us as we begin examining the miracles of Jesus, using a study guide and a series of short talks on DVD. Guides are \$13 and will be available when we meet in the Dorothy Wood Hall at 3 pm. Payment for the study guides can be made to the office during office hours. Please see Revd. Karen, Jenny Taylor, Yvette Elms or Amanda Greenhow if you have any queries. Many thanks, Jenny Taylor.

**RESCHEDULED: Bishop Ian's visit to the Parish** - Bishop Ian will now be visiting the parish on **Sunday 16th August** and will be attending both the 8am and 9.30am services.

**Thank you** - Thank you to Reverend Karen and Parishioners who have sent floral arrangements, cards and phone calls and to those who attended the funeral service for our daughter and sister Cathryne. It has been appreciated by the family.

**Bicentennial Fete Update and Reminder** - Thank you everyone one that has started making jams, pickles, and preserves for our annual fete. We have also received a donation of some really lovely soft toys. Our fete this year as part of the Albany Bicentennial Celebrations will be held on Saturday October 24th, one day before St Johns 178th birthday. Please start putting plant cuttings in pots as we may be a little short this year. This is a special request from Margaret Benn. I will be stepping down as coordinator this year after 12 years in the role. Pippa Milne has agreed to assist me this year with several "younger members" of St John's cogregation I will also be looking for several committee members to help with the organisation. Thanking you all in advance. Mike Taylor 0417967368.

**2026 Lectionaries** - 1 left. Available from the office for \$12.50.

**Emergency Relief** - Hi everyone Thanks for your previous donations which we very much appreciated. We urgently require the following items:

- \* Egg cartons
- \* 1 litre full cream long life milk.
- \* 1kg plain or self-raising flour.
- \* 1kg white rice.

Thank you and best wishes from the ER team.

**Ministry opportunities** - The Church cleaning team and Op Shop are looking for extra volunteers to join them. Please contact our Op Shop Manager, Wardens or Revd. Karen.

**Church Watch** Fridays from 11am-2pm. If anyone is interested in assisting with this ministry please speak to Revd. Karen or one of our Wardens

**Prayer Chain** - A parish prayer chain has been re-established. If you have prayer requests please contact Revd. Karen (0434 702 343), who will communicate with other members of

the team. Prayer requests will not be discussed by prayer chain members and will be kept in confidence. If you wish for prayers to continue for more than one week, please contact Rev. Karen again. The importance and power of prayer is intrinsic in our faith.

Prayer is an act of worship that glorifies God and reinforces our need for God. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7(NRSV).

**CONTEMPLATIVE PRAYER** - A contemplative prayer service is held in the Lady Chapel every **Tuesday at 11am**. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service usually takes less than an hour. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

#### **PEACE OF MIND**

Regardless of age, an enduring power of attorney (EPA), an enduring power of guardianship (EPG) and an advanced health directive (AHD) can be accessed at <https://www.wa.gov.au/service/justice/civil-law/enduring-power-of-attorney> and are recommended to be in place to provide peace of mind to our families. Do you have a will?

**AND FUNERALS** - Information to assist you make your wishes known re funeral arrangements can be accessed via the Parish Office. The completed information is for your family and/or support persons to ensure your wishes

are carried out.

#### **Containers for Change**

We are now registered with the "Containers for Change" scheme. Our Member Number is C11770281. Would you kindly consider donating your refunds to St John's?

**Direct Giving via Electronic Banking** - Thanks again to those who are continuing to support the church in one form or another. Could I please ask that those that are electronically transferring money to the church follow the following instructions.

**Ordinary Direct giving - quote the word "Donation" in the reference section and deposit into Anglican Community Fund.**

**BSB: 706-001**

**Acc: 3000 3081**

**Mission giving should be deposited into the Parish Holding Account using the word "Mission" as a reference.**

**Banking details are:**

**BSB: 706-001**

**Acc: 3000 8763**

#### **Services at St John's.**

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website [www.anglicanchurchalbany.org.au](http://www.anglicanchurchalbany.org.au) so you can watch the recordings.

#### **Normal Worship times:**

**Sunday 8:00am**

**Sung Eucharist with Hymns**

**Sunday 9.30am**

**Live streamed sung Eucharist with Hymns**

**Sunday 7.00pm**

**Live Streamed Compline**

**Tuesday 12.30 pm**

**Eucharist**

**Monday - Friday**

**Morning and Evening Prayer live streamed at 8am and 5pm.**

**The next Order of St Luke Healing Service will be held on Thursday 9th of July at 9.30am in the Lady Chapel.**

#### **CONTACT DETAILS**

**Priest-in-Charge:** Reverend Canon Karen Cave - Mob: 0434 702 343

Email: [priest@anglicanchurchalbany.org.au](mailto:priest@anglicanchurchalbany.org.au)

Safe Church email - [safechurch@anglicanchurchalbany.org.au](mailto:safechurch@anglicanchurchalbany.org.au)

#### **Wardens:**

Email: [wardens@anglicanchurchalbany.org.au](mailto:wardens@anglicanchurchalbany.org.au)

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

#### **Parish Office:**

[admin@anglicanchurchalbany.org.au](mailto:admin@anglicanchurchalbany.org.au)

Rachel Matthews – 9841 5015

**Parish Office Volunteer:** Amy Mengler and Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

#### **Op Shop:**

**Manager** - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

#### **Director of Professional Standards:**

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

[safeministry@perth.anglican.org](mailto:safeministry@perth.anglican.org)

#### **Mandatory Reporting Service:**

Ph: 1800 708 704. Website: [www.mandatoryreporting.dcp.wa.gov.au](http://www.mandatoryreporting.dcp.wa.gov.au)

**Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.**