



St. John's

Anglican Church Albany

Consecrated 1848.

Sunday 2nd August 2026
Tenth Sunday After Pentecost



Sentence of the Day

**'The Lord is near to all
who call on him in truth.
He fulfils the desire of all
that fear him, hears their
cry, and saves them.'**

Psalm 145.18–19

Collect

**O God, giver of life and
health, whose Son Jesus
Christ has called us to
hunger and thirst for
justice:
refresh us with your
grace, that we may not be
weary in well-doing,
for the sake of him who
meets all our needs,
Jesus Christ our Saviour;
who lives and reigns with
you and the Holy Spirit,
one God, now and for
ever. Amen.**

Prayer of the Week

**Almighty God,
whose beloved Son
for our sake willingly
endured the agony
and shame of the
cross:
give us courage and
patience to take up
our cross daily and
follow him;
who lives and reigns
with you and the Holy
Spirit, one God, now
and for ever. Amen.**

Today's Readings

1st Reading Genesis 32.22-31

²² The same night he got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone; and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' ²⁷ So he said to him, 'What is your name?' And he said, 'Jacob.' ²⁸ Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' ²⁹ Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' ³¹ The sun rose upon him as he passed Penuel, limping because of his hip.

2nd Reading Romans 9.1-8

¹ I am speaking the truth in Christ — I am not lying; my conscience confirms it by the Holy Spirit — ² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to

the flesh, comes the Messiah, who is over all, God blessed for ever. Amen. ⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷ and not all of Abraham's children are his true descendants; but 'It is through Isaac that descendants shall be named after you.' ⁸ This means that it is not the children of the flesh who are the children of God, but the children of the promise are counted as descendants.

Gospel Reading Matthew 14.13-21

¹³ Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶ Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷ They replied, 'We have nothing here but five loaves and two fish.' ¹⁸ And he said, 'Bring them here to me.' ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

The Psalm for today is Psalm 17, Verses 1-7 and 16

- ¹ Hear my just cause, O Lord, give heed to my cry:
listen to my prayer, that comes from no lying lips.
- ² Let judgement for me come forth from your presence:
and let your eyes discern the right.
- ³ Though you search my heart,
and visit me in the night-time:
though you try me by fire,
you will find no wickedness in me.
- ⁴ My mouth does not transgress, like the mouth of others:
for I have kept the word of your lips.
- ⁵ My steps have held firm in the way of your commands:
and my feet have not stumbled from your paths.
- ⁶ I call upon you, O God, for you will surely answer:
incline your ear to me, and hear my words.
- ⁷ Show me the wonders of your steadfast love,
O saviour of those who come to you for refuge:
who by your right hand deliver them
from those that rise up against them.
- ¹⁶ And I also shall see your face, because my cause is just:
when I awake and see you as you are, I shall be satisfied.

Next Sunday's Readings

1st Reading	Genesis 37.1-4; 37.12-28	P34
2nd Reading	Romans 10.4-15	P152
Gospel Reading	Matthew 14.22-36	P15

HYMNS – EUCHARIST SETTING
DUDMAN TIS 756

	8am	9:30am
Introit		111
Gradual	607	607
Offertory	598	598
Recessional	531	531

**Children's Church is
available at our 9:30am
service. This week's
Children's Talk is 'Feeding
The 5000.'**

A WARM WELCOME TO ALL VISITORS - All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.

We respectfully acknowledge the Menang Noongar people as the traditional custodians of the land on which we worship and minister, and pay respect to elders past and present.

Hello Dear Friends

We begin another month and the last of Winter. We look forward to Bishop Ian's visit on the 16th in this his final month as our shepherd.

Our readings for Sunday are most familiar ones; In Genesis we have the account of Jacob's wrestling at Peniel and his renaming to Israel - a lasting mark of honour placed upon him by the angel. A passage that reminds us that times of fear should be times of prayer and possibly the very moment that Jacob becomes a child of God. Our psalm is the prayer of a righteous man and tells us of David's integrity, the character of his enemies and his hope of happiness and in his letter to the Roman's, the author lets us know that it's often difficult to receive a hard truth - Paul is concerned that his countrymen were strangers to the gospel.

Then we have in our Gospel, Matthew's account of the miracle of the five loaves and two fish - A miracle of generosity!

In a biography, Mother Teresa told how she once came across a Hindu family that hadn't eaten for days. She took a small quantity of rice and gave it to the family. What happened next surprised her. Without a moment's hesitation the mother of the family divided the rice into two. Then she took one half of it to the family next-door, which happened to be Muslim. Seeing this Mother Teresa said to her, 'How much will you have left over? Aren't there enough of yourselves?' 'But they haven't eaten for days either', the woman replied.

Generosity such as that makes us humble.

The miracle of the loaves and fishes could be called a miracle of generosity. First of all, there is the marvellous generosity of the boy, who, with his gift of five loaves and two fish, made the miracle possible. It was a small thing in itself, but for the little boy it was a big thing because it was all he had. It's easy to give something that we won't really miss. But when the gift is as desperately needed by the giver, as by the receiver, that is true giving! It's sacrificial giving!

Then there was the marvellous generosity of Jesus. To appreciate this we need to consider the circumstances of the miracle. It's easy to reach out to others when it doesn't cause us much inconvenience. Not so easy when it is sprung on us at an awkward moment. Here a real sacrifice is involved. We have to set aside our plans and forget about ourselves.

So, it is with Jesus. He had just learned that his

Cousin, John, had been murdered. He needed peace and quiet. That's why he and the apostles crossed to the far side of the lake. But when he stepped out of the boat, he found a throng of people waiting for him. He might have got angry and sent them away. Instead, he had compassion on them and gave himself completely to them. He translates his sorrow over John and perhaps himself into sorrow for the crowd.

Then there was the sheer generosity of his response to the hunger of the people. Not only did he feed them, but he saw to it that each got as much as he wanted, and even so, there were twelve full baskets left over.

You can see then why this could be called a miracle of generosity. Generosity is not always about giving things. More often it is about giving of ourselves, of our time, our gifts. Giving things can be easy, but giving of oneself is never easy. Before giving himself as food and drink in the Eucharist, Jesus gave of himself to people in so many other ways.

The story of the feeding of the multitude was treasured by the early Christians. The miracle recalled the Old Testament story of manna in the desert. For them Jesus was the new Moses who feeds his people in the desert. Then they saw in the feeding an anticipation of the Eucharist. It was at the table of the Eucharist that Jesus nourished them.

And it is here that Jesus nourishes us now. Only at God's table can we get the nourishment our hearts are longing for. In the Eucharist we are nourished with the Word of God and the Bread of Life. And having invited us to partake of the banquet of life on earth, God has invited us to partake of the banquet of eternal life.

As the people went back to their homes at the end of the day, they knew that they had experienced the goodness and love of God from which nothing can separate us.

In the Eucharist we taste the love of God, and we receive his Son Jesus afresh into our lives. The proof that we have experienced that love will be our willingness to love others. We may be able to give only in small ways and in small amounts. However, from the little boy in the Gospel we see that a small amount can become a big amount, when placed in the hands of the Lord.

Blessings

Karen

Prayers for:

The Diocese of Adelaide - Archbishop - The Right Revd. Dr. Bradley Billings, Assisting Bishops Sofie Relf-Christopher, Tim Harris, Chris McLeod, clergy and people.

Anglican Communities – St Peter's (Balingup), St. David's (Borden), Holy Cross Roman Catholic Church (Bremer Bay/Jerramungup) St Matthew's (Corrigin), St Augustine's (Dumbleyung), All Saints (Hyden), St John the Baptist (Metricup), St George's (Wagin), Priest-in-Charge - Ven. Geoff Chadwick and wife Gabby.

Please pray for:

- *Thanks for those who continue to maintain ministry in this place.
- *Resources to maintain a church presence in this place.
- *The Diocese as it seeks ways to provide effective sustainable ministry in this place.
- *The local communities, especially where there are small and scattered populations.

Diocesan Ministry: Op Shop Ministry.

For the World:

- *Those who live in remote and isolated parts of the world.
- *Christians to grow in faith rooted in Jesus.

Prayers for:

Anglican Church of Kenya - Diocese of Kapsabet.

All Saints Nandi Hills Parish - Parish Priest - Revd. Philip Rop and wife Lucy,

St Mathias Kapkwang Parish - Parish Priest - Revd. Sarah Biwott, husband Josiah, Curate - Revd. Christopher Koech and wife Elizabeth.

Please pray for:

- *Nandi Hills parish to be a model of One Church One Parish.
- *Good health for our clergy and lay readers as they execute their work of ministry.

Diocesan Ministry - Pray for the diocesan mission impact on peoples' lives through Christian values.

Mothers Union Monthly Prayer

Lord in this quiet month of August, help us to be still, to rest from our busyness, reflect on Your goodness, rejoice in Your faithfulness, and replenish our hearts with Your peace. As we remember Mary Sumner, we thank You for her vision and love. May her example inspire us to walk in faith, speak with courage, and serve with joy. Amen

The Mission of The Month for August is Tearfund.

tearfund

Tearfund Australia was founded in 1971 when the then president of the Australian Evangelical Alliance (AEA) put \$10 on the table to start an emergency relief fund at a board meeting. The purpose of the newly founded group was "To meet two human needs: one for spiritual direction and assurance, the other for physical help – food, medicine, shelter and clothing. Practical aid in the context of God's love in the Lord Jesus."

In 1998, and with the blessing of the Evangelical Alliance, TEAR Australia was incorporated as a legally independent agency and at the same time reshaped the acronym to the byline "Transform, Empower, Advocate."

On the 1st of October 2020 the name was changed back to Tearfund, to align more closely with other Tearfund Agencies in the UK, US, Canada, Netherlands, Belgium, Germany, France, New Zealand and Ireland.

Tearfund vision "is for a just and compassionate world in which all people have the opportunity to achieve their God-given potential."

Today Tearfund work in partnerships with locally-based Christian agencies around the world and in Australia who are seeking to make biblically-shaped responses to poverty and injustice. They prioritise supporting partners who work alongside people most impacted by poverty and marginalisation. They are focused on the root causes of poverty, and committed to long-term transformation. They believe in community-led development initiatives.

To read about the work Tearfund Australia are doing worldwide, partnering with Christians from near and far in some of the world's most difficult places, visit the website at [Tearfund Australia | Christian Charity Fighting Injustice](https://tearfund.org.au)

Re: NOMINATIONS FOR OUR NEXT BISHOP

The nomination period has now finished.

The Nomination Committee will consider all the names that have been sent in, check the person's eligibility and ascertain their willingness to be considered for the position.

In due course the Committee will make a short list of no less than three and no more than six names for consideration at the Election Synod.¹

Details of the Election Synod will be issued soon. All current members of Synod will be asked to attend. Please note that the election Synod is a closed Synod, so non-members will not be able to attend. The deliberations of this Synod remain confidential.

Individuals and Parishes are encouraged to pray for God's blessing and guidance during this time of discernment. I encourage you to use the following prayer:

*Eternal God, shepherd and guide,
in your mercy give your church in this Diocese a shepherd after your own heart who
will walk in your ways,
and with loving care watch over your people.
Give us a leader of vision and a teacher of your truth.
So may your Church be built up and your name
glorified;
through Jesus Christ our Lord. Amen.*

(APBA 1995, p211, #35)

The Great Southern Women's Convention is a special day of gathering together to explore the truth of God's Word through Bible teaching, respond to Him in worship, and encourage one another in living for Jesus.

Saturday 22 August 2026 is only a few months away and registrations are open! Tickets can be purchased online through <https://www.trybooking.com/DLNJY> or directly from Albany Christian Book Centre or Albany Baptist office (exact cash payments only).

Standard tickets - \$60
Student/Health Care Card tickets - \$35

For further updates and GSWC news, please follow us on [Facebook](#) or [Instagram](#) — and feel free to like, follow, and share our posts to help spread the word!

Your sisters in Christ,

The Great Southern Women's Convention Committee



The Unexpected Jesus

SATURDAY 22ND AUGUST
9AM - 2.30PM

Great Southern
WOMEN'S CONVENTION

REGISTER AT

www.trybooking.com/DLNJY

\$50 Early bird (until 5th July)
\$60 Standard
\$35 Concession
(includes morning tea & lunch)

Cash payments
Albany Christian Book Centre or
Albany Baptist Office

Questions?
gswconvention@gmail.com

[@gs_womensconvention](#)
[@greatsouthernwomensconvention](#)

ALBANY BAPTIST CHURCH
20 BETHEL WAY, YAKAMIA

NOTICES

Upcoming Meetings and Events

Martha's Soup Kitchen - Mon 12pm-1pm.

Prepare for Worship Meeting - Monday 4pm in the D/W Hall.

Communications Committee Meeting - Tues. 4th August at 4am via Zoom.

Bicentennial Fete Meeting - Wednesday, August 5th at 6pm. Our first meeting will be held in the Dorothy Wood Hall at 6pm. We hope to make this fete very special to celebrate Albany's 200th and St Johns 178th anniversary. We need as many possible helpers to make this a real success. For further information please talk to Mike Taylor or Pippa Milne. Thank you.

August Parish Council Reports due to Parish Administrator by 5pm Wed., 12th Aug.

Finance Committee Meeting - Thurs., 13th Aug at 10am St Johns Office or via Zoom

Thursday at 3 - It's not too late to join us as we look at the context and meaning of the miracles of Jesus. Each session examines one miracle in depth. Some great conversations and learning have occurred – come along!

Vietnam Veterans Service at the Albany Forts on Sunday 16th August at 2pm

RESCHEDULED: Bishop Ian's visit to the Parish - Bishop Ian will now be visiting the parish on **Sunday 16th August** and will be attending both the 8am and 9.30am services.

Bicentennial Fete Update and Reminder - Thank you everyone one that has started making jams, pickles, and preserves for our annual fete. We have also received a donation of some really lovely soft toys. Our fete this year as part of the Albany Bicentennial Celebrations will be held on Saturday October 24th, one day before St Johns 178th birthday. Please start putting plant cuttings in pots as we may be a little short this year. This is a special request from Margaret Benn. I will be stepping down as coordinator this year after 12 years in the role. Pippa Milne has agreed to assist me this year with several "younger members" of St John's cogregation I will also be looking for several committee members to help with the organisation. Thanking you all in advance. Mike Taylor 0417967368.

Emergency Relief - Hi everyone Thanks for your previous donations which we very much appreciated. We urgently require the following items:

- * Egg cartons
- * 1 litre full cream long life milk.
- * 1kg plain or self-raising flour.
- * 1kg white rice.

Thank you and best wishes from the ER team.

Ministry opportunities - The Church cleaning team and Op Shop are looking for extra volunteers to join them. Please contact our Op Shop Manager, Wardens or Revd. Karen.

Church Watch Fridays from 11am-2pm. If anyone is interested in assisting with this ministry please speak to Revd. Karen or one of our Wardens

St John's Shoe Box Update - August 2026

Dear Parishioners,

We are now getting close to the Blessing Day of this year's Shoebox Project. On **Sunday August 23rd, (both services)**, Reverend Karen will carry out the Blessing of this years' shoeboxes, just before we despatch them on their long journeys to other parts of the world. Since this year the processes are a little ahead of previous years, and the order of dispatch is slightly different, we need to have our box contribution on their way up to Perth by the beginning of September. Our small team of helpers will be packing the congregation boxes very soon and ***all other individual congregation boxes will need to be handed in, either at Church or in the Church office by Friday 21st August, so that they can be included in the Blessing Service.***

I am delighted to say that everything is progressing really well and contributions of both goods and funding are well and truly up in volume from our usual contributions. On behalf of the Samaritans Purse Organisation Operation Christmas Child, I wish to thank all for the tremendous participation in this most worthwhile project. Hopefully, our boxes will bring much joy and God's love to many children and their families.

Once again thank you all for the time, effort and contributions already made.

Yours Sincerely - Ethel Halliday – St John's OCC representative.

Prayer Chain - A parish prayer chain has been re-established. If you have prayer requests please contact Revd. Karen (0434 702 343), who will communicate with other members of the team. Prayer requests will not be discussed by prayer chain members and will be kept in confidence. If you wish for prayers to continue for more than one week, please contact Rev. Karen again. The importance and power of prayer is intrinsic in our faith.

Prayer is an act of worship that glorifies God and reinforces our need for God. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philipians 4:6-7

CONTEMPLATIVE PRAYER - A contemplative prayer service is held in the Lady Chapel every **Tuesday at 11am**. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service usually takes less than an hour. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

PEACE OF MIND

Regardless of age, an enduring power of attorney (EPA), an enduring power of guardianship (EPG) and an advanced health directive (AHD) can be accessed at <https://www.wa.gov.au/service/justice/civil-law/enduring-power-of-attorney> and are recommended to be in place to provide peace of mind to our families. Do you have a will?

AND FUNERALS - Information to assist you make your wishes known re funeral arrangements can be accessed via the Parish Office. The completed information is for your family and/or support persons to ensure your wishes are carried out.

Containers for Change

We are now registered with the "Containers for Change" scheme. Our Member Number is C11770281. Would you kindly consider donating your refunds to St John's?

Direct Giving via Electronic Banking - Thanks again to those who are continuing to support the church in one form or another. Could I please ask that those that are electronically transferring money to the church follow the following instructions.

Ordinary Direct giving - quote the word "Donation" in the reference section and deposit into Anglican Community Fund.

BSB: 706-001

Acc: 3000 3081

Mission giving should be deposited into the Parish Holding Account using the word "Mission" as a reference.

Banking details are:

BSB: 706-001

Acc: 3000 8763

Services at St John's.

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website www.anglicanchurchalbany.org.au so you can watch the recordings.

Normal Worship times:

Sunday 8:00am

Sung Eucharist with Hymns

Sunday 9.30am

Live streamed sung Eucharist with Hymns

Sunday 7.00pm

Live Streamed Compline

Tuesday 12.30 pm

Eucharist

Monday - Friday

Morning and Evening Prayer live streamed at 8am and 5pm.

The next Order of St Luke Healing Service will be held on Thursday 13th of August at 9.30am in the Lady Chapel.

CONTACT DETAILS

Priest-in-Charge: Reverend Canon Karen Cave - Mob: 0434 702 343

Email: priest@anglicanchurchalbany.org.au

Safe Church email - safechurch@anglicanchurchalbany.org.au

Wardens:

Email: wardens@anglicanchurchalbany.org.au

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

Parish Office:

admin@anglicanchurchalbany.org.au

Rachel Matthews – 9841 5015

Parish Office Volunteer: Amy Mengler and Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

Op Shop:

Manager - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

Director of Professional Standards:

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

safeministry@perth.anglican.org

Mandatory Reporting Service:

Ph: 1800 708 704. Website: www.mandatoryreporting.dcp.wa.gov.au

Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.