



St. John's Anglican Church Albany Consecrated 1848.

**Sunday 30th August 2026
Fourteenth Sunday After Pentecost**



Sentence of the Day

**'If you want to become
a disciple of Jesus,
deny yourself, take up
your cross and follow
him.'**

Matthew 16.24–25

Collect

**O God, whose Son has
shown the way of the
cross to be the way of
life:
transform and renew our
minds that we may not be
conformed to this world
but may offer ourselves
wholly to you as a living
sacrifice through Jesus
Christ our Saviour;
who lives and reigns with
you and the Holy Spirit,
one God, now and for
ever. Amen.**

Prayer of the Week

**Lord of all power and
might,
the author and giver of
all good things:
graft in our hearts the
love of your name,
increase in us true
religion, nourish us
with all goodness,
and of your great
mercy keep us in the
same;
through Jesus Christ
our Lord. Amen.**

Today's Readings

1st Reading Exodus 3.1-15

¹ Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God.

² There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed.

³ Then Moses said, 'I must turn aside and look at this great sight, and see why the bush is not burned up.'

⁴ When the Lord saw that he had turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.'

⁵ Then he said, 'Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.'

⁶ He said further, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God.

⁷ Then the Lord said, 'I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings,

⁸ and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites.

⁹ The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them.

¹⁰ So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.'

¹¹ But Moses said to God, 'Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?'

¹² He said, 'I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.'

¹³ But Moses said to God, 'If I come to the Israelites and say to them, "The God of your ancestors has sent me to you", and they ask me, "What is his name?" what shall I say to them?'

¹⁴ God said to Moses, 'I AM WHO I AM.' He said further, 'Thus you shall say to the Israelites, "I AM has sent me to you."'

¹⁵ God also said to Moses, 'Thus you shall say to the Israelites, "The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you":

This is my name for ever,
and this my title for all generations.

2nd Reading Romans 12.9-21

⁹ Let love be genuine; hate what is evil, hold fast to what is good; ¹⁰ love one another with mutual affection; outdo one another in showing honour. ¹¹ Do not lag in zeal, be ardent in spirit, serve the Lord. ¹² Rejoice in hope, be patient in suffering, persevere in prayer. ¹³ Contribute to the needs of the saints; extend hospitality to strangers. ¹⁴ Bless those who persecute you; bless and do not curse them. ¹⁵ Rejoice with those who rejoice, weep with those who weep. ¹⁶ Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. ¹⁷ Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁸ If it is possible, so far as it depends on you, live peaceably with all. ¹⁹ Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' ²⁰ No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' ²¹ Do not be overcome by evil, but overcome evil with good.

Gospel Reading Matthew 16.21-28

²¹ From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. ²² And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' ²³ But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.' ²⁴ Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. ²⁵ For those who want to save their life will lose it, and those who lose their life for my sake will find it. ²⁶ For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? ²⁷ 'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. ²⁸ Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

The Psalm for today is Psalm 105, Verses 1-6 and 23-26

- ¹ O give thanks to the Lord and call upon his name:
tell among the peoples what things he has done.
² Sing to him, O sing praises:
and be telling of all his marvellous works.
³ Exult in his holy name:
and let those that seek the Lord be joyful in heart.
⁴ Seek the Lord and his strength:
O seek his face continually.
⁵ Call to mind what wonders he has done:
his marvellous acts, and the judgements of his mouth,
⁶ O seed of Abraham his servant:
O children of Jacob his chosen one.
²³ Then Israel came into Egypt:
and Jacob dwelt in the land of Ham.
²⁴ There the Lord made his people fruitful:
too numerous for their enemies,
²⁵ Whose hearts he turned to hate his people:
and to deal deceitfully with his servants.
²⁶ Then he sent Moses his servant:
And Aaron whom he had chosen.

Next Sunday's Readings

<i>1st Reading</i>	<i>Exodus 12.1-14</i>	<i>P59</i>
<i>2nd Reading</i>	<i>Romans 13.8-14</i>	<i>P154</i>
<i>Gospel Reading</i>	<i>Matthew 18.15-20</i>	<i>P19</i>

HYMNS – EUCHARIST SETTING DUDMAN TIS 756

	8am	9:30am
Introit		595
Gradual	341	341
Offertory	650	650
Recessional	231	231

**Children's Church is
available at our 9:30am
service. This week's
Children's Talk is
'Following Jesus'.**

A WARM WELCOME TO ALL VISITORS - All are welcome at the Lord's table. Baptised, communicant members of all Christian denominations, are very welcome to receive Holy Communion and any person welcome to come forward to receive a blessing. If you are unable to come to the altar rail and wish to receive the Sacrament in your pew, please speak to a sides person.

We respectfully acknowledge the Menang Noongar people as the traditional custodians of the land on which we worship and minister, and pay respect to elders past and present.

Hello Dear Friends

I pray you have had a good week. It's lovely to find ourselves at the beginning of a new month and season. We, as a diocese enter a new season following Bishop Ian's retirement and laying up of his staff on 29th August and this weekend finds me in Adelaide representing our diocese at conference. I am thankful for Revd. Robert Holland for celebrating this Sunday.

We're blessed with challenging readings for this Sunday - The beginning of the third chapter of Exodus with the call of God to Moses from the burning bush, the sending of Moses to deliver Israel and God giving us God's name - the name "I am". Our Psalm stirs up our devotion to praise God and refers to the sending of Moses. Our Romans reading reminds us that the professed love of Christians to each other should be sincere and that our calling is to love.

Then in our Gospel, Christ reveals his mind to his people and predicts his death. His disciples, along with ourselves, are challenged to deny themselves and take up a cross and follow. It's a huge challenge and one that demands a complete giving of ourselves, a total commitment but nonetheless, a choice!!!!

I came across a poem by Robert Frost, entitled "The Road Not Taken". I share it with you:

Two roads diverged in a yellow wood,
And - sorry I could not travel both
And be one traveller, long I stood
And looked down one as far as I
could,
To where it bent in the undergrowth.

Then I took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted
wear,
Though as for that, the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way - leads on to
way
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I -
I took the one less travelled by,
And that has made all the difference.

I wonder which road we would all
take; the well-travelled road of self will
or the road 'less travelled by' of God's
will?

It is easy to be involved in Church but
not committed to being a disciple of
Christ. It is easy to believe in Christ
intellectually and give of our time on
Sunday but that is not enough. Jesus
calls each one of us to follow him
24/7.

He doesn't want us just to be
"involved in Church" – he wants
disciples "committed to follow him". I
heard an analogy. In a good bacon
and egg sandwich the hen is involved
but the pig is committed!!!!

Blessings

Karen

Prayers for:

Anglicare Australia - Executive Director - Kasy Chambers and Deputy Director - Maiy Aziz.

Anglicare WA - CEO - Mark Glasson, Board Members, Regional South Manager - Lisa Whittaker and various services such as Bridges, Financial Counselling, Emergency Relief, Domestic Violence, Advocacy, Children's DV Counselling, Family Visiting Services, Kinway, Supported Housing Assistance Programme (SHARP), Anglicare Stabilising Homes (ASH), Family Resource Centres and Men's Time.

Boniface Care - Members of Boniface Care Committee and Chair Bishop Ian Coutts.

Amana Living (Anglican Homes) - CEO - Stephanie Buckland, Wollaston Court Albany, Wearne House Mandurah, Treendale Australind, Chaplains Revds. Cathie Broome, Karen Cave, and Ian Mabey.

Please pray for:

* Amana Living Residents, Clients, Staff, Volunteers and Board Members.

Mission Agencies:- Anglican Board of Mission, National Home Mission Fund, Bush Church Aid Society, Church Missionary Society, Church Army, Mission to Seafarers, and SPARKLIT (Society for Promoting Christian Knowledge Australia).

Diocesan Ministry: Province of Western Australia, Diocese of Perth, Diocese of North Western Australia and The Diocese of Bunbury.

For the World: - For everyone who suffers in body and soul especially those with mental disabilities that the power of resurrection overflow into their lives bringing happiness and fulfilment.

Prayers for:

Anglican Church of Kenya - Diocese of Kapsabet.

Chaplaincy in schools sponsored by the Diocese - Revd. Caroline Barchok and husband (St. Mathew's Septonok Group of Schools), Revd. Elphas Omanga, wife Sharon (OI'lessos Technical Training Institute), Revd. Samwel Mulwo and wife (St Andrew's Kurgung Boys High School), Revd. Charles Chirchir and wife (Kebulonik High School) and Revd. Luke Mutai (Kemeloi Boys High School).

Please pray : That we may encourage our churches to pray that God may make inroads to reach the unchurched and unbelieving neighbours.

Diocesan Ministry - Pray for all the retired clergy that God may give them strength and good health in their retirement age so that they may continue enjoying fellowship with the Lord.

Mothers Union Monthly Prayer

Lord in this quiet month of August, help us to be still, to rest from our busyness, reflect on Your goodness, rejoice in Your faithfulness, and replenish our hearts with Your peace. As we remember Mary Sumner, we thank You for her vision and love. May her example inspire us to walk in faith, speak with courage, and serve with joy. Amen

The image shows a hand holding a Bible against a crumpled paper background. Overlaid on the image is a poster for an event. At the top, it says 'Albany Combined' in a handwritten font, followed by 'YOUTH TOGETHER' in large, bold, block letters. Below this, 'JESUS IS LORD' is written in a smaller font. A yellow sticky note on the right says 'Speaker: Jordan Thyer' and 'Grace that leads to Godliness!'. A circular stamp on the left says 'Friday 11th September'. At the bottom left, it says 'Church of Christ' and '20 Talyuberlup Way (off Mercer Rd)'. At the bottom right, it says '6.30pm' and '(to 8.30pm)'. An arrow points to the bottom right corner where it says 'Entry: \$5'.

Albany Combined

YOUTH TOGETHER

JESUS IS LORD

Speaker: Jordan Thyer

'Grace that leads to Godliness!'

Friday 11th September

Church of Christ

20 Talyuberlup Way
(off Mercer Rd)

6.30pm
(to 8.30pm)

Entry: \$5

Albany CHURCHES TOGETHER

SAT 12TH SEPT 2026 | 4.30PM

ALBANY BAPTIST CHURCH, BETHEL WAY

'DISTINCTIVE DISCIPLES'
(How the world will know we belong to Jesus)

WITH SPEAKER: JORDAN THYER

YOUTHCARE Sausage Sizzle to follow

Organised by Albany Church Leaders Fellowship (ACLF)

The Mission of The Month for August is Tearfund.

Tearfund Australia was founded in 1971 when the then president of the Australian Evangelical Alliance (AEA) put \$10 on the table to start an emergency relief fund at a board meeting. The purpose of the newly founded group was "To meet two human needs: one for spiritual direction and assurance, the other for physical help – food, medicine, shelter and clothing. Practical aid in the context of God's love in the Lord Jesus."

In 1998, and with the blessing of the Evangelical Alliance, TEAR Australia was incorporated as a legally independent agency and at the same time reshaped the acronym to the byline "Transform, Empower, Advocate."

On the 1st of October 2020 the name was changed back to Tearfund, to align more closely with other Tearfund Agencies in the UK, US, Canada, Netherlands, Belgium, Germany, France, New Zealand and Ireland.

Tearfund vision "is for a just and compassionate world in which all people have the opportunity to achieve their God-given potential."

Today Tearfund work in partnerships with locally-based Christian agencies around the world and in Australia who are seeking to make biblically-shaped responses to poverty and injustice. They prioritise supporting partners who work alongside people most impacted by poverty and marginalisation. They are focused on the root causes of poverty, and committed to long-term transformation. They believe in community-led development initiatives.

To read about the work Tearfund Australia are doing worldwide, partnering with Christians from near and far in some of the world's most difficult places, visit the website at [Tearfund Australia | Christian Charity Fighting Injustice](https://tearfund.org.au)

tearfund

Re: NOMINATIONS FOR OUR NEXT BISHOP

The nomination period has now finished.

The Nomination Committee will consider all the names that have been sent in, check the person's eligibility and ascertain their willingness to be considered for the position.

In due course the Committee will make a short list of no less than three and no more than six names for consideration at the Election Synod.¹

Details of the Election Synod will be issued soon. All current members of Synod will be asked to attend. Please note that the election Synod is a closed Synod, so non-members will not be able to attend. The deliberations of this Synod remain confidential.

Individuals and Parishes are encouraged to pray for God's blessing and guidance during this time of discernment. I encourage you to use the following prayer:

*Eternal God, shepherd and guide,
in your mercy give your church in this Diocese a shepherd after your own heart who
will walk in your ways,
and with loving care watch over your people.
Give us a leader of vision and a teacher of your truth.
So may your Church be built up and your name
glorified;
through Jesus Christ our Lord. Amen.*

(APBA 1995, p211, #35)

NOTICES

Upcoming Meetings and Events

Please note there is ***no Prepare for Worship on Monday 31st Aug.***

Martha's Soup Kitchen - Mon 12pm-1pm.

Ladies Fellowship Meeting - Fri., Sept 4th. 9.30am start at Anne Parker's house at 31 Lake Seppings Drive. Topic is "The Best Holiday I can Remember".

Sept. 2026 Parish Council Reports - due Wed. 9th Sept, preferably via email to admin@anglicanchurchalbany.org.au Please note this is an **ALL REPORTING MONTH**. All subgroups are required to report.

Finance Committee Meeting - Thurs. 10th Sept at 10am in office or via Zoom.

Parish Administrator away on leave from 12pm Thurs., 10th Sept and returning to work on Mon., 5th Oct. Please ensure all pew sheet notices for inclusion in pew sheets during this period are provided no later than Monday 7th September.

Thursday at 3 - It's not too late to join us as we look at the context and meaning of the miracles of Jesus. Each session examines one miracle in depth. Some great conversations and learning have occurred – come along!

LIVING GENEROUSLY

Living Generously is a stewardship program that the Bishop has asked parishes to take part in September this year.

In the Albany parish we will be participating in The Bible Studies led by Canon Karen and Jenny Taylor on **Thursdays** scheduled as below

10th September 3 pm - Dorothy Wood Hall

17th September 3 pm - Dorothy Wood Hall

24th September 3 pm - Lady Chapel

Throughout this time, we will be focusing on the blessings we have in the world and the blessings we can be to others.

A sign up sheet is available at the rear of church

Bicentennial Fete Update and Reminder - Thank you everyone one that has started making jams, pickles, and preserves for our annual fete. We have also received a donation of some really lovely soft toys. Our fete this year as part of the Albany Bicentennial Celebrations will be held on Saturday October 24th, one day before St Johns 178th birthday. Please start putting plant cuttings in pots as we may be a little short this year. This is a special request from Margaret Benn. I will be stepping down as coordinator this year after 12 years in the role. Pippa Milne has agreed to assist me this year with several "younger members" of St John's congregation I will also be looking for several committee members to help with the organisation. Thanking you all in advance. Mike Taylor 0417967368.

Emergency Relief - Hi everyone Thanks for your previous donations which we very much appreciated. We urgently require the following items:

- * Egg cartons
- * 1 litre full cream long life milk.
- * 1kg plain or self-raising flour.
- * 1kg white rice.

Thank you and best wishes from the ER team.

Ministry opportunities - The Church cleaning team and Op Shop are looking for extra volunteers to join them. Please contact our Op Shop Manager, Wardens or Revd. Karen.

Church Watch Fridays from 11am-2pm. If anyone is interested in assisting with this ministry please speak to Revd. Karen or one of our Wardens.

On line training for Op Shop, ER and Martha's volunteers

The Diocese has arranged two online training sessions through Peninsula on **Managing Difficult Client Interactions**. We are conscious that several staff/volunteers have had difficult interactions in the past few months alone. Peninsula are the Diocese HR/WHS management consultant services and they will be providing these tailored and insightful training sessions.

This training will be particularly valuable for employees and volunteers who regularly engage face-to-face with members of the public, including those involved in:

- Op Shops
 - Emergency Relief Services
 - Community kitchens
- Parish and community outreach activities

While the training is especially relevant for these roles, all staff and volunteers across the Diocese are welcome to attend. As places are limited, *early registration* is encouraged.

Training Dates

Session 1

- Monday 7 September
 - 10.00am - 12.00pm
- Online (2 hours)

Session 2

- Thursday 8 October
 - 3.00pm - 5.00pm
- Online (2 hours)

Learning Outcomes

Participants will learn to:

- Define what constitutes a difficult interaction.
- Identify the difference between a difficult customer and a customer complaint.
- Understand why difficult interactions need to be managed appropriately and the potential consequences when they are not.
- Recognise the signs of an escalating situation.
- Apply practical de-escalation techniques.

Use theoretical frameworks in real-life workplace and volunteer situations.

If you are unable to access the on line training, you are welcome to join Revd. Karen in the Dorothy Wood Hall for a group session. Please let Revd. Karen know if you wish to join her.

Juniper Request for Volunteers - The manager of the Chaplaincy Team at Juniper Aged Care, David van Leen, is reaching out as the Chaplaincy Team are seeking volunteers for an exciting new project.

Juniper is working with NeuronsVR to offer residents an exciting new way to experience the world, supporting wellbeing, connection and quality of life. Using virtual reality headsets, residents can explore tropical jungles, underwater worlds, famous landmarks and familiar places, all without leaving their residential home. Each experience is designed to support memory, orientation, emotional wellbeing, meaningful engagement and spiritual wellbeing.

They are looking for volunteers to help their Chaplaincy team deliver these special sessions across Juniper residential homes.

Locations: Perth (north and south of the river), Albany

Days: Monday to Friday, flexible times based on availability

Starting: Late August.

How volunteers can help: Setting up equipment, escorting residents to and from the activity, helping run the activity, recording data, cleaning equipment. (Training provided).

If you or are Interested please contact David van Leen, Manager Pastoral and Spiritual Care, 0434 077 511, david.vanleen@juniper.org.au

Prayer Chain - A parish prayer chain has been re-established. If you have prayer requests please contact Revd. Karen (0434 702 343), who will communicate with other members of the team. Prayer requests will not be discussed by prayer chain members and will be kept in confidence. If you wish for prayers to continue for more than one week, please contact Rev. Karen again. The importance and power of prayer is intrinsic in our faith.

Prayer is an act of worship that glorifies God and reinforces our need for God. "Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7(NRSV).

CONTEMPLATIVE PRAYER - A contemplative prayer service is held in the Lady Chapel every **Tuesday at 11am**. The format is flexible, but follows The Rhythm of Life: Celtic Daily Prayer by David Adam and includes a time of silent prayer, up to 20 minutes for regulars. The service is chosen as a result of discussion about matters on the hearts of those attending, and the contemplation based on a mantra taken from the psalm. The service usually takes less than an hour. The books are supplied, and contemplative time can be modified for those new to this form of prayer. You are most welcome to come and try a new experience! Cherry O'Donnell.

PEACE OF MIND

Regardless of age, an enduring power of attorney (EPA), an enduring power of guardianship (EPG) and an advanced health directive (AHD) can be accessed at <https://www.wa.gov.au/service/justice/civil-law/enduring-power-of-attorney> and are recommended to be in place to provide peace of mind to our families. Do you have a will?

AND FUNERALS - Information to assist you make your wishes known re funeral arrangements can be accessed via the Parish Office. The completed information is for your family and/or support persons to ensure your wishes are carried out.

Containers for Change

We are now registered with the "Containers for Change" scheme. Our Member Number is C11770281. Would you kindly consider donating your refunds to St John's?

Direct Giving via Electronic Banking - Thanks again to those who are continuing to support the church in one form or another. Could I please ask that those that are electronically transferring money to the church follow the following instructions.

Ordinary Direct giving - quote the word "Donation" in the reference section and deposit into Anglican Community Fund.

BSB: 706-001

Acc: 3000 3081

Mission giving should be deposited into the Parish Holding Account using the word "Mission" as a reference.

Banking details are:

BSB: 706-001

Acc: 3000 8763

Services at St John's.

We have implemented live streaming of services on Facebook - If you use Facebook please "like" the following pages Anglican Parish of Albany and Anglican Parish Albany Service Stream for live services or recordings. We will also put a link on the website www.anglicanchurchalbany.org.au so you can watch the recordings.

Normal Worship times:

Sunday 8:00am

Sung Eucharist with Hymns

Sunday 9.30am

Live streamed sung Eucharist with Hymns

Sunday 7.00pm

Live Streamed Compline

Tuesday 12.30 pm

Eucharist

Monday - Friday

Morning and Evening Prayer live streamed at 8am and 5pm.

The next Order of St Luke Healing Service will be held on Thursday 10th of September at 9.30am in the Lady Chapel.

CONTACT DETAILS

Priest-in-Charge: Reverend Canon Karen Cave - Mob: 0434 702 343

Email: priest@anglicanchurchalbany.org.au

Safe Church email - safechurch@anglicanchurchalbany.org.au

Wardens:

Email: wardens@anglicanchurchalbany.org.au

Mike Taylor: Mob: 0417 967 368

John Blake: Mob: 0438 761 950, (H) 9844 4587

Georgie Walker: Mob: 0428 425 293

Parish Office:

admin@anglicanchurchalbany.org.au

Rachel Matthews – 9841 5015

Parish Office Volunteer: Amy Mengler and Kate Britton.

Office Hours – Mon - Thurs 9am to 12pm and Fri 9am –5pm.

Op Shop:

Manager - Ann Robinson

Trading Hrs are 10am-2pm Mon-Fri.

Director of Professional Standards:

Ms Davina Goldthorpe - Ph: 9425 7203. Email:

safeministry@perth.anglican.org

Mandatory Reporting Service:

Ph: 1800 708 704. Website: www.mandatoryreporting.dcp.wa.gov.au

Please check out our Facebook, Twitter and Instagram pages at Anglican Parish of Albany and encourage your friends to follow us.